



20-Min: Skillet Provençal Pork

with Blistered Tomatoes & Capers



ca. 20min



2 Servings

Is a 20-minute, one-skillet meal too good to be true? No, it's what we all deserve! This is French cooking made easy. We channel the Provençal flavors we love into a sweet corn and fresh tomato sauté with tender quick-cooking pork cutlets, briny capers, and fresh tarragon (the "king" of French herbs).

What we send

- 1 medium yellow onion
- ¼ oz fresh tarragon
- ¼ oz fresh parsley
- 1 pkt Dijon mustard
- 1 oz capers
- 12 oz pkg pork cutlets
- 3 plum tomatoes
- 5 oz corn

What you need

- olive oil
- white wine vinegar (or apple cider vinegar)
- sugar
- kosher salt & ground pepper

Tools

- large skillet

Allergens

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 620kcal, Fat 39g, Carbs 29g, Protein 39g



1. Prep ingredients

Halve and thinly slice **¾ cup onion** (save rest for own use). Pick **tarragon and parsley leaves** from stems; discard stems. Reserve a few whole leaves for step 6, then coarsely chop remaining tarragon and parsley together.



2. Prep dressing

In a medium bowl, whisk to combine **Dijon mustard, chopped tarragon and parsley, 2 tablespoons oil, 1 tablespoon vinegar, and a pinch of sugar**. Stir in **half of the capers** and season to taste with **salt and pepper**.



3. Cook pork cutlets

Pat **pork cutlets** dry, then season all over with **salt and pepper**.

Heat **1 tablespoon oil** in a large skillet over medium-high. Add pork and cook until browned and cooked through, 2-3 minutes per side. Transfer cooked pork to bowl with **dressing** and turn to coat. Set pork aside to marinate until step 6.



4. Sauté onions & tomatoes

Cut **tomatoes** into 1-inch pieces.

Heat **1 tablespoon oil** in same skillet (no need to wipe out) over medium-high. Add **sliced onions** and tomatoes; season with **salt and pepper**. Cook, shaking skillet occasionally, until tomatoes are lightly browned in spots, 2-3 minutes.



5. Add corn

Stir **corn, remaining capers** and **¼ cup water** into skillet. Cook, scraping up any browned bits from the bottom, until corn is heated through, about 2 minutes. Season to taste with **salt and pepper**.



6. Finish & serve

Spoon **corn, tomatoes, onions** and **capers** onto plates. Place **pork** on top and spoon **any remaining dressing** over. Garnish with **reserved whole tarragon and parsley leaves**. Enjoy!