



Berbere Roast Pork Tenderloin

with Honey Butter-Glazed Sweet Potatoes



30-40min



2 Servings

Berbere is a lively mix of ground herbs and spices like chili peppers, garlic, ginger, nigella, and fenugreek. It is a key ingredient in Ethiopian and Eritrean cuisines, but we like to use this aromatic blend in all kinds of meat and veggie dishes. Here, we use it to add a warming heat to roasted pork tenderloin. Sweet honey butter-glazed sweet potatoes and tender kale are the perfect sides to balance the heat.

What we send

- ¼ oz berbere spice blend (use 2¼ tsp)
- 10 oz pork tenderloin
- 1 oz fresh ginger
- garlic
- 1 jalapeño
- 1 sweet potato
- 1 oz honey
- 1 bunch Tuscan kale

What you need

- olive oil
- kosher salt & ground pepper
- butter⁷

Tools

- rimmed baking sheet
- medium skillet

Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 800kcal, Fat 46g, Carbs 53g, Protein 43g



1. Marinate pork

Preheat oven to 450°F with a rack in the upper third. In a medium bowl, combine **1 tablespoon oil**, **2¼ teaspoons berbere spice**, and **a generous pinch of salt**. Pat **pork** dry, then add to marinade, rubbing all over to coat. Set aside until step 4.



4. Sear & roast pork

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **pork** and sear until well browned, 2-3 minutes per side. Transfer pork to baking sheet with **potatoes**. Roast on upper oven rack until potatoes are well browned and pork is firm to the touch and reaches an internal temperature of 145°F, about 10 minutes. Wipe out skillet and return to stovetop.



2. Prep ingredients

Finely chop **2 teaspoons each of peeled ginger and garlic**. Finely chop **1 tablespoon jalapeño** (or more, or less depending on heat preference). Remove **kale leaves** from tough stems; discard stems. Cut leaves into 1-inch wide ribbons. Scrub and peel **sweet potato**, then cut into 1-inch pieces.



5. Cook kale

Heat **1 tablespoon oil** and **1 teaspoon of the chopped garlic** in same skillet over medium-high until fragrant, about 1 minute. Add **kale leaves** in handfuls, stirring after each addition, until tender, 3-5 minutes. Season to taste with **salt** and **pepper**. Transfer to a bowl and cover to keep warm. Wipe out skillet.



3. Roast potatoes

On a rimmed baking sheet, toss **potatoes** with **1 tablespoon oil** and **a generous pinch of each salt and pepper**. Roast on upper oven rack until potatoes are tender and lightly browned, about 12 minutes. Remove from oven and use a spatula to flip potatoes.



6. Glaze potatoes & serve

Heat **2 teaspoons oil** in same skillet over medium-high. Add **chopped jalapeños, ginger, and remaining garlic**; cook until lightly browned, 1-2 minutes. Add **honey** and **2 tablespoons butter**. Simmer, stirring, until butter is melted and sauce is smooth. Stir in **potatoes**; season to taste with **salt**. Thinly slice **pork** and serve with **glazed potatoes** and **kale**. Enjoy!