

# martha stewart MARLEY SPOON

# **REBOOT Pan-Roasted Chicken Panzanella**

with Kale, Tomatoes & Croutons





juicy tomatoes, red wine vinegar, chopped garlic, and Italian seasoning to make a luscious dressing for the chicken and kale that get browned in the oven. All topped with Parmesan cheese, and cooked and served together on 1 sheet pan, this dinner will taste even better once you realize how little clean-up ...

This is a hot-take on Panzanella salad. We've combined crusty bread cubes with

### What we send

- ¾ oz Parmesan 7
- 12 oz boneless, skinless chicken thighs
- ¼ oz Italian seasoning
- 1 plum tomato
- 1 bunch curly kale
- garlic
- 1 baguette 1

## What you need

- kosher salt & ground pepper
- · olive oil
- red wine vinegar

### **Tools**

rimmed baking sheet

### **Allergens**

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### **Nutrition per serving**

Calories 820kcal, Fat 47g, Carbs 48g, Protein 52g



# 1. Prep ingredients

Preheat oven to 450°F with racks in the center and upper thirds. Finely grate

Parmesan. Pat chicken dry. In a large bowl, toss chicken with 1 tablespoon oil, 1/2 teaspoon salt, a few grinds pepper, 1 tablespoon of the Italian seasoning, and 3 tablespoons of the Parmesan. Press with hands to help seasoning adhere.



### 2. Roast chicken & tomatoes

Transfer **chicken** to a rimmed baking sheet. Core **tomatoes**, then cut into quarters. In the same bowl, toss tomatoes with **1 tablespoon oil** and **a pinch each salt and pepper**. Transfer tomatoes to same rimmed baking sheet. Wipe out bowl. Roast chicken and tomatoes in center of oven until chicken is cooked through, 15-20 minutes.



3. Roast kale

Peel and finely chop 1 teaspoon garlic. Remove tough stems from kale, then tear leaves into bite-size pieces. In same bowl, toss kale with garlic, 1 tablespoon oil, ½ teaspoon salt, and a few grinds pepper, gently squeezing until kale is wilted. Add to baking sheet with chicken and tomatoes. Roast on upper oven rack until kale is tender, about 8 minutes.



4. Make vinaigrette

In a small bowl, whisk together 2 tablespoons vinegar, ½ teaspoon salt, and a few grinds pepper. Whisk in 2 tablespoons oil.



5. Broil

Remove baking sheet from oven. Switch oven to broil. Cut **hero roll** in half lengthwise, then brush generously with **oil**. Broil roll directly on the upper oven rack until lightly browned on both sides, 2-3 minutes (watch closely as broilers vary). Cut or tear toasted roll into bitesized pieces.



6. Finish & serve

Transfer roll and half of the remaining Parmesan to baking sheet with chicken and vegetables. Drizzle vinaigrette over baking sheet, then toss gently to combine. Season to taste with salt and pepper. Garnish with remaining Parmesan. Enjoy!