# MARLEY SPOON



## **Grilled Steak & Black Pepper Butter**

with Green Bean-Radish Salad





Juicy steak and compound butter go together like peas in a pod, just like the peas on this plate! We mash butter with garlic and black pepper to really bring the steaks to life, then we're filling up with a hearty, crunchy salad. Green beans, peas, and radishes work together in perfect harmony, especially with a sprinkle of scallions and parsely to tie it all together.

#### What we send

- ½ lb green beans
- 1 oz scallions
- ¼ oz fresh parsley
- 2½ oz peas
- 10 oz pkg sirloin steaks
- 2 oz red radishes

## What you need

- kosher salt & ground pepper
- garlic
- white wine vinegar (or vinegar of your choice)
- sugar
- · olive oil
- butter 1

#### **Tools**

- grill or grill pan
- medium saucepan

#### **Cooking tip**

No grill or grill pan? Heat 1 tablespoon oil in a heavy skillet over medium-high. Add steaks; cook until lightly charred and medium-rare, 3-4 minutes per side (or longer for desired doneness).

#### **Allergens**

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 480kcal, Fat 32g, Carbs 13g, Protein 36g



## 1. Prep ingredients

Heat a grill to medium-high, if using. Bring a medium saucepan of **salted** water to a boil.

Trim **green beans**, then cut in half crosswise. Finely chop ½ **teaspoon garlic**. Trim **scallions**, then thinly slice. Pick **parsley leaves** from **stems**; finely chop stems, keeping leaves whole.



2. Make vinaigrette & butter

In a medium bowl, combine 1 tablespoon vinegar, half of the chopped garlic, ½ teaspoon salt, ¼ teaspoon sugar, and a few grinds of pepper. In a slow, steady stream, whisk in 2 tablespoons oil.

In a small bowl, combine **remaining** garlic, 2 tablespoons butter, ½ teaspoon pepper, and a pinch of salt. Mash with a fork to combine.



### 3. Cook green beans & peas

Add **green beans** and **peas** to saucepan with boiling water. Cook until green beans are crisp-tender, about 3 minutes. Drain and rinse under cold water, then drain again. Pat dry with paper towels. Add green beans to bowl with **vinaigrette** and stir to combine.



4. Season steaks

Pat **steaks** dry, then rub lightly with **oil** and season all over with **salt** and **pepper**.



5. Grill steaks

Heat a grill pan over medium-high, if using.

Add **steaks** to preheated grill or grill pan and cook until browned and mediumrare, 3-4 minutes per side (or longer for desired doneness). Transfer to a cutting board to rest for 5 minutes.



6. Finish & serve

Meanwhile, trim radishes, then thinly slice. Add radishes, sliced scallions, and chopped parsley leaves and stems to green bean salad; toss to coat. Season to taste with salt and pepper. Spread black pepper butter on steaks.

Serve **steaks** with **salad** alongside and **any resting juices** from the board drizzled over top. Enjoy!