MARLEY SPOON



20-Min: Chicken Moo Shu Wrap

with Roasted Cashews



under 20min 2 Servings



We make dinner happen in 20 minutes with a little help from quick-cooking chicken breast and shredded cabbage. These quick-cooking ingredients come together with honey, ponzu sauce, and sesame oil. Serve it piled high in warm tortillas with a drizzle of hoisin sauce. It packs all the flavor of your favorite takeout moo shoo chicken with almost no chopping.

What we send

- 1 oz salted cashews 1
- 3 oz scallions
- 10 oz pkg boneless, skinless chicken breast
- 14 oz cabbage blend
- 1.8 oz ponzu sauce ²
- ½ oz honey
- ½ oz toasted sesame oil ³
- 6 (6-inch) flour tortillas ^{2,4}
- 2 oz hojsin sauce 3,2,4

What you need

- neutral oil
- kosher salt & ground pepper

Tools

- medium skillet
- microwave

Cooking tip

No microwave? Heat a small skillet over medium-high. Add tortillas and cook, 1 at a time, until warm, 30 seconds per side. Stack and wrap in foil or a clean kitchen towel as you go to keep warm.

Allergens

Tree Nuts (1), Soy (2), Sesame (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 760kcal, Fat 37g, Carbs 78g, Protein 38g



1. Prep ingredients

Coarsely chop **cashews**. Trim **scallions**, then thinly slice.

Pat **chicken** dry, then thinly slice into strips.



2. Cook chicken

Heat **1 tablespoon neutral oil** in a medium skillet over medium-high. Add **chicken** and **a pinch each of salt and pepper**. Cook, without stirring, until well browned on the bottom, 2-3 minutes. Stir chicken and continue to cook until just cooked through, about 1 minute more. Transfer chicken to a plate.



3. Cook cabbage

Heat 1 tablespoon neutral oil in same skillet over medium-high. Add cabbage and 3/3 of the scallions. Cook, stirring, until cabbage is just wilted, 2-3 minutes.



4. Finish moo shu filling

To skillet with **cabbage**, stir in **ponzu** sauce, honey, and 1 tablespoon sesame oil. Bring to a simmer over medium-high heat, then return **chicken and any** resting juices to skillet. Cook, stirring, until chicken is just warmed through, about 1 minute. Season to taste with salt and pepper.



5. Heat tortillas

Stack **tortillas** on a microwave-safe plate and cover with a damp paper towel.

Microwave in 30-second bursts until warmed through.



6. Serve

Spread hoisin sauce over tortillas, then top with filling. Serve chicken moo shu wraps sprinkled with cashews and remaining scallions. Enjoy!