



Chicken al Limone

over Linguine with Sautéed Spinach



20-30min



2 Servings

Scampi dishes are traditionally made with fish, but a buttery-garlicky sauce tastes great on any protein, especially tender pieces of chicken. Adding freshly squeezed lemon juice cuts the richness of the dish by adding a bright citrus note—a perfect sauce for coating al dente linguine.

What we send

- 6 oz linguine ²
- garlic
- 1 lemon
- ½ lb pkg chicken breast strips
- ¼ oz fresh parsley
- ¾ oz Parmesan ¹
- 5 oz baby spinach
- 1 pkt chicken broth concentrate

What you need

- kosher salt & ground pepper
- olive oil
- butter ¹

Tools

- large pot
- microplane or grater
- medium skillet

Allergens

Milk (1), Wheat (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 820kcal, Fat 43g, Carbs 72g, Protein 44g



1. Cook linguine

Fill a large pot with **salted water** and bring to a boil.

Add **linguine** to boiling water and cook, stirring to prevent sticking, until al dente, 8-9 minutes. Reserve **1 cup cooking water**, then drain pasta.



2. Marinate chicken

Finely chop **4 teaspoons garlic**. Finely grate **1 teaspoon lemon zest** into a medium bowl. Squeeze **2 tablespoons lemon juice** into a small bowl. Pat **chicken** dry.

To bowl with lemon zest, add **chicken, 1 tablespoon of the lemon juice, 2 teaspoons of the garlic, 2 tablespoons oil, 1 teaspoon salt**, and **¼ teaspoon pepper**; toss to coat chicken. Set aside to marinate until step 5.



3. Prep parsley & Parmesan

Pick and finely chop **parsley leaves**; discard stems. Finely grate **Parmesan**.



4. Sauté spinach

Heat **2 teaspoons oil** in a medium skillet over medium-high. Add **remaining garlic** and cook, stirring, until fragrant, about 30 seconds. Add **spinach** and season with **salt** and **pepper**. Cook until spinach is just wilted, about 2 minutes. Transfer to a plate and cover to keep warm until ready to serve. Wipe out skillet.



5. Cook chicken

In a liquid measuring cup, whisk to combine **broth concentrate, remaining lemon juice**, and **¾ cup of the cooking water**.

In same skillet, heat **2 teaspoons oil** over medium-high. Add **chicken** and cook, turning once, until lightly browned and cooked through, 2-3 minutes. Transfer chicken to a bowl.



6. Finish sauce & serve

Add **broth mixture** and **2 tablespoons butter** to same skillet, stirring to melt. Add **linguine, chicken and any juices**, and **1 tablespoon of the remaining cooking water** at a time, stirring, until sauce reaches desired consistency. Serve **chicken and linguine** topped with **parsley** and **half of the Parmesan**, with **sautéed spinach** and **remaining Parmesan** alongside. Enjoy!