



## Customize with Sweet Potatoes

Blue Cheese Burger & Onion Jam



40-50min



2 Servings

| This version of the recipe is customized with sweet potatoes.

## What we send

- 2 sweet potatoes
- 1 yellow onion
- 2 oz dark brown sugar
- ½ oz tamari soy sauce <sup>6</sup>
- 2 (2 oz) mayonnaise <sup>3,6</sup>
- 2 (1 oz) blue cheese crumbles <sup>7</sup>
- 1 romaine heart
- 10 oz pkg grass-fed ground beef
- 2 Martin's potato buns <sup>1,7,11</sup>

## What you need

- neutral oil
- kosher salt & ground pepper
- unsalted butter <sup>7</sup>
- balsamic vinegar (or red wine vinegar)
- garlic

## Tools

- rimmed baking sheet
- medium heavy skillet (preferably cast-iron)
- microplane or grater

## Cooking tip

Make a slight depression in the center of the patties before cooking to prevent the burgers from puffing up.

## Allergens

Wheat (1), Egg (3), Soy (6), Milk (7), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

Calories 1570kcal, Fat 105g, Carbs 100g, Protein 48g



### 1. Roast fries

Preheat oven to 425°F with a rack in the lower third. Scrub **potatoes**; cut into ¼-inch thick fries. Toss on a rimmed baking sheet with **1 tablespoon oil**; season with **salt** and **pepper**. Roast on lower oven rack until golden brown underneath, 12-15 minutes.



### 4. Prep ingredients

While **onions** cook, finely grate ½ **teaspoon garlic** into a small bowl. Mix in **mayonnaise**; season lightly with **salt** and **pepper**. In another small bowl, mash together **blue cheese** and **half of the garlic aioli** until spreadable and lightly chunky. Halve **lettuce**; thinly slice 1 half (save rest for own use).



### 2. Start onion jam

Halve and thinly slice **onion**. In a medium heavy skillet, heat **1 tablespoon butter** over medium-high until foaming. Add onions and **a pinch of salt**. Cover and cook, stirring occasionally, until onions have wilted down and halved in volume, 1-2 minutes. Uncover, lower heat to medium-low and cook, stirring occasionally, until onions are golden brown and soft, 10-12 minutes.



### 5. Toast buns

Form **ground beef** into 2 (4-inch wide) patties; make a dimple in the center of one side of each patty. Season both sides with **salt** and **pepper**. Heat **2 tablespoons butter** in reserved skillet over medium. Add **buns**, cut side down; swirl around skillet to absorb butter. Cook until light golden brown and toasted, 1-2 minutes. Remove from skillet; wipe skillet clean.



### 3. Finish onion jam

If **onions** start getting too dark, deglaze with **1 tablespoon water**, scrape, and continue cooking. Once onions are soft and golden brown, add **1 tablespoon each brown sugar and balsamic vinegar**, and **2 teaspoons tamari**. Cook until onions have a jam-like consistency, 2-3 minutes longer. Transfer to a bowl. Wash skillet and reserve for step 5.



### 6. Cook burgers

Heat **1 tablespoon oil** in skillet until lightly smoking. Add **burgers**, dimpled side up, and cook until browned on both sides and medium-rare, 2-3 minutes per side (or longer for desired doneness). Spread **onion jam** on **bottom buns**. Top with **burger**, **blue cheese spread**, and **lettuce**. Serve with **fries** and **remaining garlic aioli**. Enjoy!