# **DINNERLY**

# Togarashi Chicken & Brown Rice Bowls

with Sesame Roasted Veggies





## **WHAT WE SEND**

- 5 oz quick-cooking brown rice
- ¼ oz shichimi togarashi <sup>11</sup>
- ½ lb pkg chicken breast strips
- 2 oz sesame dressing 1,6,11
- · 2 carrots
- ¼ oz pkt toasted sesame seeds <sup>11</sup>
- 5 oz edamame 6

#### **WHAT YOU NEED**

#### **TOOLS**

#### **ALLERGENS**

Wheat (1), Soy (6), Sesame (11). May contain traces of other allergens.
Packaged in a facility that packages gluten containing products.

## **NUTRITION PER SERVING**

Calories Okcal











