DINNERLY



Everything Bagel-Spiced Chicken

with Scallion Cream Cheese Mash & Broccoli



20-30min 2 Servings



Level up your dinner menu with this PremiYUM recipe! Your bagel with schmear isn't filling enough for you? We can fix that. Swap the bagel for a juicy chicken breast crusted with everything bagel spice, then add the scallion cream cheese to soft potatoes and mash it all together. Oh, and throw in another side of crisp-tender roasted broccoli for good measure. We've got you covered!

WHAT WE SEND

- · 2 Yukon gold potatoes
- · 2 scallions
- 1 oz cream cheese 7
- 10 oz pkg boneless, skinless chicken breast
- ¼ oz everything bagel seasoning ¹¹
- 1/4 oz granulated garlic
- · ½ lb broccoli

WHAT YOU NEED

- kosher salt & ground pepper
- butter ⁷
- · neutral oil

TOOLS

- small saucepan
- potato masher or fork
- medium skillet

ALLERGENS

Milk (7), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 640kcal, Fat 38g, Carbs 45g, Protein 41g



1. Cook potatoes

Peel potatoes and cut into 1-inch pieces. Place potatoes in a small saucepan with enough salted water to cover by 1 inch. Cover and bring to a boil over high heat, then uncover and cook until easily pierced with a fork, 8–10 minutes. Reserve ½ cup cooking water, then drain potatoes and return to saucepan.



2. Mash potatoes

Meanwhile, trim scallions, then thinly slice. Return saucepan with potatoes to medium heat, then add cream cheese, scallions, reserved cooking water, and 2 tablespoons butter. Use a potato masher or fork to mash and stir together until smooth. Season to taste with salt and pepper. Cover to keep warm off the heat until ready to serve.



3. Prep ingredients

Pat chicken dry, then pound to an even ½-inch thickness, if necessary. Season all over with salt and pepper, then sprinkle one side of each chicken breast with a total of 1 tablespoon everything bagel spice total; set aside until step 5. Trim stem ends from broccoli, then cut crowns into 1-inch florets.



4. Cook broccoli

Heat 1 tablespoon oil in a medium skillet over medium-high. Add broccoli, and season with salt and pepper. Cook until broccoli is bright green and crisp-tender, 3–4 minutes. Remove from heat, then add ½ teaspoon granulated garlic, 1 tablespoon butter, and 1 teaspoon water, stirring until butter is melted. Transfer to bowl and cover to keep warm. Wipe out skillet.



5. Cook chicken & serve

Heat 1 tablespoon oil in same skillet over medium—high. Add chicken, seasoned side down, and cook until lightly browned on the bottom, 2–3 minutes. Flip and cook until chicken is cooked through, about 3 minutes. Serve everything bagel spiced-chicken with scallion cream cheese mashed potatoes and broccoli alongside. Enjoy!



6. Make a pan sauce!

Throw some butter, shallot, lemon juice, and a splash of water in the skillet after cooking the chicken. Cook, stirring occasionally, until slightly thickened. Serve chicken with pan sauce drizzled over top for a creamy finish.