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Indonesian Organic Beef Mee Goreng

with Peppers & Broccoli





Beef mee goreng is a popular Indonesian street food, and a stateside take-out staple. The stir-fried dish perfectly balances the sweet and savory notes of grass-fed ground beef, tender noodles, bell peppers, and broccoli. A squeeze of lime juice over the top adds a citrusy, tangy pop, to round out the deeply flavored noodles.

What we send

- 1 bell pepper
- ¼ oz granulated garlic
- ½ lb broccoli
- 2 scallions
- 1 lime
- 1.8 oz kecap manis 1,6
- 2 pkts Sriracha
- 10 oz pkg organic ground beef
- 5 oz ramen noodles ¹

What you need

- · kosher salt & ground pepper
- ketchup
- sugar
- apple cider vinegar (or white wine vinegar)
- neutral oil

Tools

- large pot
- large skillet

Allergens

Wheat (1), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 880kcal, Fat 39g, Carbs 95g, Protein 34g



1. Prep ingredients

Bring a large pot of **salted water** to a boil. Halve **pepper**, discard stem and core, and cut into ½-inch pieces. Trim stem ends from **broccoli**, then cut crowns into ½-inch florets. Trim **scallions**, then thinly slice about ¼ cup, keeping dark greens separate. Cut **lime** into 8 wedges.



2. Make sauce

In a small bowl, whisk to combine **kecap** manis, all of the Sriracha, ¼ cup water, and 2 tablespoons each of ketchup, sugar, and vinegar.



3. Brown beef

Heat 1 tablespoon oil over medium-high in a large skillet. Add beef and a pinch each of salt and pepper. Cook, breaking up large pieces with a spoon, until beef is well browned and cooked through, 3-4 minutes. Stir in ½ teaspoon granulated garlic and sliced scallion whites and light greens. Cook, stirring, until fragrant, about 1 minute. Transfer to a plate.



4. Add vegetables

Add peppers and 2 teaspoons oil to same skillet. Cook over high heat, stirring, until slightly softened, about 3 minutes. Add broccoli, 2 teaspoons oil, and a generous pinch each of salt and pepper; cook until broccoli is crisptender, about 3 minutes more.



5. Cook noodles

Meanwhile, add **noodles** to boiling water. Cook, stirring occasionally to prevent sticking, until al dente, about 3-5 minutes. Drain noodles and rinse with **cold water**.



6. Finish & serve

Add **noodles**, **beef**, and **sauce** to skillet with **veggies**. Cook over high heat, tossing, until noodles are coated and most of the sauce is absorbed, 2-3 minutes. Season to taste with **salt** and **pepper**. Serve **noodles** garnished with **sliced scallion dark greens**, with **lime wedges** for squeezing over top. Enjoy!