

Khoresh Bademjan

Persian Eggplant & Meat Stew



2 Servings

What we send

- ½ lb shredded beef ^{1,6}
- 1 eggplant
- 1 yellow onion
- garlic
- 1 lime
- 6 oz tomato paste
- 5 oz jasmine rice
- ¼ oz ras el hanout
- ¼ oz fresh cilantro
- 1 pkt beef broth concentrate

What you need

Tools

Allergens

Wheat (1), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 0kcal

1.

4.

2.

5.

3.

6.