DINNERLY



Chicken Curry

with Peas, Potatoes & Jasmine Rice





This dish could be called Chicken Curry in a Hurry because it's so quick and easy to put together! Fork tender potato bites, juicy, lean chicken breast, and sweet peas are a killer combo for a curry. Served over a bed of jasmine rice, it's a comforting dish that explodes with flavor. We've got you covered!

WHAT WE SEND

- boneless, skinless chicken breast
- · jasmine rice
- garlic
- russet potatoes
- · peas
- · chicken broth concentrate

WHAT YOU NEED

- kosher salt & ground pepper
- olive oil

TOOLS

- · fine-mesh sieve
- · small saucepan

ALLERGENS

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 740kcal, Fat 19g, Carbs 104g, Protein 35g



1. Prep garlic & rice

Peel and finely chop 1 large garlic clove. Rinse rice in a fine-mesh sieve until the water runs clear. Heat 2 teaspoons oil in a small saucepan over medium-high. Add garlic and cook until fragrant, 1–2 minutes.



2. Cook rice

Add rice, 1¼ cups water, and _½ teaspoon salt; bring to a boil. Cover and cook over low until rice is tender and water is absorbed, about 17 minutes. Fluff rice with a fork. Cover to keep warm.



3. Brown chicken

Meanwhile, pat chicken dry, then cut into 1-inch pieces. Scrub potato, then cut into 1-inch pieces (no need to peel). Season chicken with ½ teaspoon salt and a few grinds pepper. Heat 2 teaspoons oil in a medium pot over medium-high. Add chicken, then cook until lightly browned all over, 3–4 minutes. Transfer chicken to a plate. Return pot to heat.



4. Build curry sauce

Heat 1½ tablespoons oil in same pot over medium. Add curry powder; cook, stirring, until fragrant, about 30 seconds. Add potatoes, broth concentrate, 2½ cups water, and ½ teaspoon salt. Cover and bring to a boil. Uncover, reduce heat to medium-high, and cook until potatoes are fork-tender, about 7 minutes. Lightly crush some of the potatoes with a spoon.



5. Finish & serve

Return chicken and any juices, and peas to pot with curry sauce. Cook over medium-high until chicken is warm and peas are tender, about 4 minutes. Remove from heat. Season to taste with salt and pepper. Serve rice topped with curry. Enjoy!



6. Take it to the next level

Make a cucumber raita by mixing together Greek yogurt, diced Persian or English cucumbers, chopped cilantro, and seasoning with salt and pepper. Serve the curry with a dollop of raita on top.