$\frac{\text{martha stewart}}{\text{MARLEY SPOON}}$

Chicken Tikka Masala Tray Bake

with Peas & Basmati Rice



2 Servings

What we send

- 8 oz tomato sauce
- 3 oz mascarpone⁷
- ¼ oz garam masala
- 5 oz basmati rice
- 10 oz pkg chicken breast strips
- ¼ oz tandoori spice
- 2½ oz peas
- ¼ oz fresh cilantro

What you need

- kosher salt & ground pepper
- sugar
- olive oil

Tools

• aluminium foil

Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories Okcal









5.





3.

6.