DINNERLY



Thai Chicken Coconut Curry

with Spinach, Peppers & Carrots





Of all the ways to eat your protein and veggies, this is one of the most delicious. All you need is our Thai coconut curry sauce, some fluffy jasmine rice to soak it up, and crispy fried shallots to top it off. We've got you covered!

WHAT WE SEND

- 5 oz jasmine rice
- · 1 bell pepper
- 1 carrot
- 6 oz Thai coconut curry sauce 2,4,6,7,15
- 1/4 oz granulated garlic
- ½ lb pkg chicken breast strips
- · 3 oz baby spinach
- · ½ oz fried onions 6

WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- sugar

TOOLS

- · small saucepan
- · medium saucepan

COOKING TIP

Hot tip! A few sprigs of cilantro or a lime wedge would be a nice addition before serving.

ALLERGENS

Shellfish (2), Fish (4), Soy (6), Milk (7), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 710kcal, Fat 26g, Carbs 86g, Protein 37g



1. Cook rice & prep veggies

In a small saucepan, combine rice, 1½ cups water, and ½ teaspoon salt. Bring to a boil over high. Reduce heat to low, cover, and cook until rice is tender and water is absorbed, about 17 minutes. Keep covered off heat until ready to serve.

Meanwhile, halve **pepper**, discard stem and seeds, then thinly slice. Halve **carrot** lengthwise, then cut on an angle into 2-inch pieces.



2. Cook veggies & prep sauce

Heat 1 tablespoon oil in a medium saucepan over medium-high. Add carrots and peppers; season with salt and pepper. Cook, stirring occasionally, until starting to soften and brown in spots, about 5 minutes.

In a liquid measuring cup, add Thai coconut curry sauce, 1½ cups water, 1 teaspoon sugar, and ½ teaspoon each of granulated garlic and salt. Whisk to combine.



3. Finish curry

Add chicken and curry mixture to saucepan with veggies; bring to a boil. Reduce heat to medium-low and simmer until flavors meld together, chicken is cooked through, and carrots are softened, 5–7 minutes. Off heat, stir in spinach until just wilted. Season to taste with salt and pepper.



4. Serve

Fluff rice with a fork.

Serve chicken coconut curry over rice with fried shallots sprinkled over top. Enjoy!



What were you expecting, more steps?



You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!