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# **South African Bobotie with Organic Beef**

Collard Greens & Golden Raisins



1h 2 Servings

With layers of flavor and texture, Bobotie is a popular South African dish and we can see why. This savory bread pudding consists of curry-spiced organic ground beef, garlicky collard greens, aromatics, and a creamy egg topping that holds it all together. This unique one-pot meal is sure to surprise and delight your taste buds.

#### What we send

- 1 bunch collard greens
- 1 oz fresh ginger
- garlic
- 1 yellow onion
- 1 mini French roll 1
- 1 oz sliced almonds 15
- 1 oz golden raisins 12
- 2 (½ oz) apricot preserves
- 1/4 oz curry powder
- 10 oz pkg organic ground beef

## What you need

- 1 c milk 7
- butter <sup>7</sup>
- · kosher salt & ground pepper
- 2 large eggs <sup>3</sup>

#### **Tools**

 medium ovenproof skillet or Dutch Oven

#### Allergens

Wheat (1), Egg (3), Milk (7), Sulphur dioxide and sulphites (12), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 870kcal, Fat 50g, Carbs 60g, Protein 49g



### 1. Prep ingredients

Preheat oven to 350°F with a rack in the center. Cut half the collard green leaves from stems, then thinly slice stems and cut leaves into bite-sized pieces (save rest for own use). Finely chop 2 teaspoons each of peeled ginger and garlic.

Coarsely chop onion. Tear roll in half and place in a medium bowl, then cover with 1 cup milk; set aside to soak until step 3.



2. Sauté almonds & aromatics

Melt 1 tablespoon butter in a medium ovenproof skillet or Dutch oven over medium-high. Add almonds; cook, stirring, until golden brown, 3-5 minutes (watch closely). Transfer to a plate. Heat 1 tablespoon butter in skillet. Add onions and a pinch each of salt and pepper. Cook over medium-high heat, stirring occasionally, until lightly browned and softened, about 5 minutes.



3. Cook beef & add bread

Add **ground beef** to skillet with **onions**; season with ½ **teaspoon salt**, and **a few grinds of pepper**. Cook over mediumhigh heat, breaking up large pieces with a spoon, until beef is well browned and cooked through, 4-5 minutes. Squeeze **milk** from **bread**, letting it drip back into the bowl; reserve milk. Break bread into small pieces directly into beef, stirring to combine.



4. Cook collard greens

Add raisins, all of the apricot preserves, chopped garlic and ginger, toasted almonds, and 1 tablespoon curry powder to skillet. Cook, stirring, until fragrant, about 3 minutes. Stir in collard green leaves and stems and ½ cup water; cook until collards greens are bright green and just wilted, about 5 minutes. Remove from heat. Transfer to a medium baking dish, if desired.



5. Make egg topping

Add 2 large eggs, ½ teaspoon salt and a few grinds of pepper to bowl with reserved milk; whisk until well combined. Pour over meat mixture (do not stir).



6. Bake bobotie & serve

Transfer skillet (or baking dish) to center oven rack and bake until topping is just set, 20-25 minutes. Let **bobotie** cool for 5 minutes before serving. Enjoy