



FAST

KETO FRIENDLY

Creamy Chicken Florentine

with Mushrooms & Spinach



20-30min



2 Servings

Mascarpone is a very soft Italian cream cheese with a fresh, milky, almost sweet flavor, and a super smooth texture. It can be added to both sweet and savory dishes. For this chicken florentine, we've made it super savory by using mascarpone to add a decadent creaminess to a sauce that is studded with mushrooms, rosemary, and tender baby spinach.

What we send

- shallot
- fresh rosemary
- white button mushrooms
- boneless, skinless chicken breasts
- baby spinach
- mascarpone ⁷
- chicken broth concentrate

What you need

- kosher salt & ground pepper
- olive oil

Tools

- rimmed baking sheet

Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 680kcal, Fat 47g, Carbs 22g, Protein 46g



1. Prep ingredients

Preheat oven to 450°F with a rack in the center. Peel and thinly slice **¼ cup shallot**. Pick and chop **2 teaspoons rosemary leaves**. Trim ends from **mushrooms**, then thinly slice caps. Cut **broccoli** into small florets.



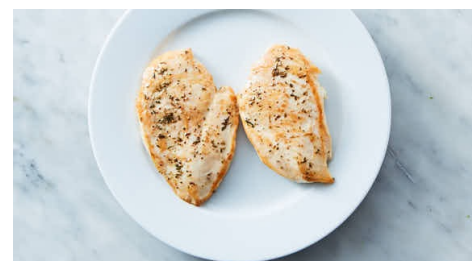
4. Sauté mushrooms

Meanwhile, heat **1 tablespoon butter** and **1 tablespoon oil** in a medium skillet over medium-high. When foam subsides, add **mushrooms**, season with **salt** and **pepper**, and cook, stirring occasionally, until golden-brown, 6-7 minutes. Transfer to a bowl.



2. Season chicken

Pat **chicken** dry and rub lightly with **oil**, **½ teaspoon of the chopped rosemary**, **½ teaspoon salt**, and **a few grinds pepper**. Let sit until step 5.



5. Sauté chicken

Add **chicken** and **½ tablespoon oil** to same skillet, and cook over medium-high heat, turning once, until golden and cooked through, 3-4 minutes per side, reducing heat to medium halfway through to prevent scorching. Transfer chicken to a plate.



3. Prep sauce, cook broccoli

In a measuring cup, combine **chicken broth concentrate** and **¼ cup water**. Stir in **mascarpone** until combined. On a rimmed baking sheet, toss **broccoli** with **1 tablespoon oil** and **a pinch of salt**. Roast on center oven rack, stirring once, until lightly browned and tender, 10-15 minutes.



6. Finish & serve

Return **mushrooms** to same skillet. Add **sliced shallots** and **remaining chopped rosemary**; cook over medium-high heat until shallots are softened, 2-3 minutes. Add **sauce**; cook, scraping up any browned bits, until sauce is thickened and slightly reduced, 3-4 minutes. Add **spinach**; cook, just until wilted. Serve **chicken** and **vegetables** with **pan sauce** over top. Enjoy!