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My Big Fat Greek Salad with Chicken

Peppers, Olives & Feta





Surely one of Dancing Zorba's top sellers, this Greek salad with lemonmarinated chicken, dill, and feta is crunchy, bright, and perfect for a Mediterranean summer. And if you're not on the beaches of Mykonos, close your eyes, eat an olive, then catch a showing of My Big Fat Greek Wedding 3. Only in theaters September 8.

What we send

- 1 lemon
- garlic
- 12 oz pkg boneless, skinless chicken breasts
- 1 cucumber
- 1 green bell pepper
- 1 romaine heart
- 1/4 oz fresh dill
- 1 oz Kalamata olives
- 2 oz feta ⁷

What you need

- · olive oil
- kosher salt & ground pepper

Tools

- · microplane or grater
- medium skillet

Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 530kcal, Fat 34g, Carbs 14g, Protein 46g



1. Make lemon dressing

Finely grate ¼ teaspoon lemon zest into a small bowl. Squeeze 1 tablespoon lemon juice into a large bowl. Finely chop ½ teaspoon garlic. Into lemon juice, whisk garlic, 3 tablespoons oil, and season with ¼ teaspoon salt and a few grinds of pepper.



2. Brown chicken

Pat **chicken** dry, then season with ½ **teaspoon salt** and **a few grinds pepper**. Heat **2 teaspoons oil** in a medium skillet over medium-high. Transfer chicken to skillet, and cook, until lightly browned and cooked through, 3-4 minutes per side. Transfer cooked chicken to the bowl with **lemon dressing**, turning to coat.



3. Prep vegetables

Trim ends from **cucumber**, then halve lengthwise, and slice into thin half-moons. Halve **pepper**, remove stem, core, and seeds, then cut into ¼-inch pieces. Thinly slice **lettuce** crosswise, discarding end.



4. Season feta

Crumble **feta** into small bowl with **lemon zest**, and season with **a pinch each salt and pepper**. Pick **half of the dill fronds** from stems, then finely chop fronds (save rest for own use).



5. Toss salad

Transfer **chicken** to cutting board. Add **lettuce**, **cucumbers**, **peppers**, **olives** (remove pits, if necessary), and **half each of the feta and dill** to bowl with **lemon dressing**. Toss gently to coat, then season to taste with **salt** and **pepper**.



6. Serve

Serve **Greek salad** topped with **chicken** and **remaining feta and chopped dill**. Enjoy!