DINNERLY



Grilled Chimichurri Chicken & Veggies with Quinoa Pilaf & Herb Cream Sauce



30-40min 2 Servings



We'll take any reason to slather our food in herby chimichurri sauce, especially if we get to break out the grill! Marinated chicken and lightly charred onions and peppers sit on top of a fluffy quinoa pilaf studded with pumpkin seeds and lime zest. Then for the star of the show, we turn the leftover chimichurri into a creamy sauce you'll want to pour on everything you eat. We've got you covered!

WHAT WE SEND

- · 3 oz white quinoa
- 1 red onion
- 1 bell pepper
- 10 oz pkg boneless, skinless chicken breast
- · 2 (2 oz) chimichurri sauce
- · 1 lime
- · 2 oz mayonnaise 1,2
- 1 oz pumpkin seeds

WHAT YOU NEED

- garlic
- · olive oil
- kosher salt & ground pepper
- sugar

TOOLS

- grill or grill pan
- · small saucepan
- microplane or grater

ALLERGENS

Egg (1), Soy (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 970kcal, Fat 69g, Carbs 48g, Protein 46g



1. Cook quinoa

Preheat a grill or grill pan to high. Finely chop 1 teaspoon garlic.

Heat 1 tablespoon oil in a small saucepan over medium. Add garlic; cook until fragrant, 30 seconds. Add quinoa, ¾ cup water, and a pinch of salt; bring to a boil, then reduce heat to low and cover. Cook until water is absorbed and quinoa is tender, about 15 minutes. Set aside, covered, until step 6.



2. Prep veggies & chicken

Cut onion crosswise into ½-inch thick rounds. Halve pepper, discard stem and seeds, then cut into 2-inch wide strips. Toss veggies in a medium bowl with 1 tablespoon oil; season with salt and pepper.

In a second medium bowl, combine chicken, 3 tablespoons chimichurri, and a pinch each of salt and pepper; turn to coat.



3. Grill veggies & chicken

Reduce grill heat to medium-high. Add onions and peppers, in batches if necessary. Cover and cook, turning occasionally, until tender and lightly charred, about 5 minutes. Transfer to a plate.

Add **chicken** to grill and cook until lightly charred and cooked through, 3–4 minutes per side. Transfer to a plate and cover to keep warm.



4. Make creamy herb sauce

Meanwhile, finely grate ½ teaspoon lime zest.

Separately squeeze 1 tablespoon lime juice into a small bowl. Add ¼ teaspoon sugar, stirring to dissolve. Stir in mayonnaise and 2 tablespoons chimichurri. Season to taste with salt and pepper.



5. Finish quinoa & serve

Fluff quinoa with a fork, then stir in pumpkin seeds and lime zest. Season to taste with salt and pepper.

Serve chimichurri chicken, peppers, and onions over quinoa with some of the creamy herb sauce and remaining chimichurri over top. Serve remaining creamy herb sauce alongside. Enjoy!



6. Check us out!

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