MARLEY SPOON



Korean Beef Stir-Fry

with Noodles & Veggies





For a super fast meal with super bold flavor, look no further than this speedy stir-fry. Tender beef strips and crisp-tender snap peas and peppers perfectly complement chewy rice noodles. Toss in a savory sauce, top it with cilantro and sesame seeds, and dinner is served before you know it.

What we send

- 5 oz pad Thai noodles
- 4 oz snap peas
- 1 bell pepper
- garlic
- 2 scallions
- 10 oz pkg beef strips
- 3 oz stir-fry sauce 1,6
- ½ oz toasted sesame oil 11
- ¼ oz fresh cilantro
- ¼ oz pkt toasted sesame seeds ¹¹

What you need

- neutral oil
- · kosher salt & ground pepper

Tools

- fine-mesh sieve
- · large nonstick skillet

Allergens

Wheat (1), Soy (6), Sesame (11). May contain traces of other allergens.
Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 680kcal, Fat 26g, Carbs 79g, Protein 31g



1. Cook noodles

Bring a large pot of **salted water** to a boil. Add **noodles** and cook, stirring occasionally to prevent sticking, until al dente, 6-8 minutes. Drain noodles, then rinse under cold water and toss with **1 teaspoon oil**.



2. Prep veggies

Meanwhile, trim **sugar snap peas**, if desired; thinly slice lengthwise. Halve **bell pepper**, discard stem and seeds, and cut lengthwise into thin strips. Finely chop **2 teaspoons garlic**. Trim **scallions**, then cut into 2-inch pieces.



3. Brown beef strips

Heat **1 tablespoon neutral oil** in a large nonstick skillet over high until shimmering. Pat **beef strips** dry. Add to skillet and cook, without stirring, until well browned on one side, about 3 minutes. Stir and continue to cook until beef is cooked through, about 2 minutes more. Transfer to a plate.



4. Cook peppers & aromatics

Heat **1 tablespoon neutral oil** in same skillet over high until shimmering. Add **peppers** and cook, stirring occasionally, until peppers are softened, about 5 minutes. Stir in **scallion pieces** and **chopped garlic**, and cook until fragrant, about 1 minute.



5. Finish stir-fry

Add snap peas, beef strips, stir-fry sauce, sesame oil, and ¼ cup water to skillet; stir to combine. Bring to a simmer and cook until beef strips are warmed through, about 1 minute. Remove from heat and add noodles to skillet. Toss to coat noodles. Season to taste with salt and pepper.



6. Garnish stir-fry & serve

Coarsely chop cilantro leaves and tender stems together. Add half each of the cilantro and sesame seeds to noodles, tossing to combine. Serve beef stir-fry topped with remaining cilantro and sesame seeds. Enjoy!