# **DINNERLY**



# Cashew Chicken Noodle Stir-Fry with Green Beans



20-30min 2 Servings



Just because you're low on time doesn't mean you have to sacrifice a home-cooked dinner. This chicken stir-fry comes together in less time than it takes to find the takeout menu. Pan-roasted green beans and salted cashews combine with chicken in a sticky sweet sauce for a bowl of noodles that's sure to please. We've got you covered!

### **WHAT WE SEND**

- ½ lb green beans
- ½ lb pkg chicken breast strips
- 2 (1/2 oz) tamari soy sauce 6
- · 3 oz Thai sweet chili sauce
- 5 oz pad Thai noodles
- 1 oz salted cashews 15

#### WHAT YOU NEED

- garlic
- apple cider vinegar (or white wine vinegar)
- kosher salt & ground pepper
- · neutral oil

## **TOOLS**

- · large pot
- medium nonstick skillet

#### **ALLERGENS**

Soy (6), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 700kcal, Fat 25g, Carbs 95g, Protein 38g



# 1. Prep ingredients & sauce

Finely chop 1 teaspoon garlic . Trim ends from green beans, then snap or cut into 1/2-inch pieces.

Pat chicken dry.

In a small bowl, stir to combine **all of the** tamari, Thai sweet chili sauce, and 1 teaspoon vinegar; set aside for step 4.



2. Cook noodles

Bring a large pot of **salted water** to a boil over high. Add **noodles** and cook, stirring occasionally to prevent sticking, until al dente, 6–8 minutes. Drain noodles, then rinse under cold water and toss with **a drizzle of oil** (see step 6!).



3. Stir-fry beans & cashews

Heat 1 tablespoon oil in a medium nonstick skillet over medium-high. Add green beans and a pinch each of salt and pepper. Cook, stirring occasionally, about 2 minutes. Add whole cashews; cook, stirring, until green beans are tender and browned in spots, and cashews are lightly toasted, 1–2 minutes more. Transfer to a bowl; set aside until step 5.



4. Cook chicken

Heat 1 tablespoon oil in same skillet. Add chicken in a single layer; cook, without stirring, until lightly browned on the bottom, 2–3 minutes. Stir in chopped garlic and a pinch each of salt and pepper; cook, stirring, until garlic is fragrant and chicken is cooked through, about 2 minutes more. Add sauce and cook, stirring, until chicken is coated, about 1 minute.



5. Finish & serve

Return green beans, cashews, and noodles to skillet with chicken. Cook over medium heat, tossing, until noodles are warmed through and evenly coated in sauce, 1–2 minutes.

Season **cashew chicken noodle stir-fry** to taste with **salt** and **pepper** and serve. Enjoy!



6. Pro-tip: rice noodles!

Stirring frequently while cooking helps to prevent the rice noodles from sticking together and cooking unevenly. Start checking the noodles after 4 minutes, and cook until just al dente (the noodles should be slightly chewy when drained, as they'll finish cooking in the sauce in step 5).