# MARLEY SPOON



# **Grilled Chimichurri Steak**

with Couscous-Snap Pea Salad





30min 2 Servings

Don't let its size fool you-couscous is small but mighty! We combine the fluffy grain with crisp snap peas to create a hearty, healthy side dish to the star of the show: thinly sliced steak smothered in a homemade chimichurri sauce. With this much green on your plate, you know you'll be feeling good once it's empty. No grill? See cooking tip.

#### What we send

- ¼ oz fresh parsley
- 4 oz snap peas
- 3 oz couscous <sup>1</sup>
- · ¼ oz dried oregano
- 10 oz pkg sirloin steaks
- garlic

## What you need

- 1/4 cup + 2 tsp olive oil
- kosher salt & ground pepper
- red wine vinegar (or white wine vinegar)

#### **Tools**

- · grill or grill pan
- small saucepan

#### **Cooking tip**

Heat oil in heavy skillet over mediumhigh. Cook steaks until browned and medium-rare, 2-3 minutes per side (or longer for desired doneness).

#### **Allergens**

Wheat (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 600kcal, Fat 30g, Carbs 41g, Protein 41g



## 1. Prep ingredients

Preheat a grill to medium-high heat, if using. Finely chop **1 teaspoon garlic**. Finely chop **parsley leaves and stems**. Trim **snap peas**, then thinly slice crosswise.



#### 2. Cook couscous

Heat **2 teaspoons oil** in a small saucepan over medium. Add ½ **teaspoon of the chopped garlic**. Cook, stirring frequently, until softened and fragrant, about 2 minutes. Add ½ **cup water** and ½ **teaspoon salt**, then cover and bring to a boil. Add **couscous**; cover and remove from heat. Let stand for 5 minutes. Uncover and fluff couscous with a fork.



#### 3. Make chimichurri

In a large bowl, combine remaining chopped garlic, ¼ cup oil, 1 tablespoon each of vinegar and water, 2 teaspoons dried oregano, ½ teaspoon salt, and a few grinds of pepper. Stir in chopped parsley. Transfer 3 tablespoons of the chimichurri to a small bowl and reserve for step 6.



#### 4. Make couscous salad

Add **couscous** and **snap peas** to the large bowl with **remaining chimichurri**. Stir to combine. Season to taste with **salt** and **pepper**.



5. Grill steaks

Heat a grill pan over medium-high, if using. Pat **steaks** dry. Lightly rub steaks with **oil** and season all over with **salt** and **pepper**. Add steaks to preheated grill or grill pan and cook until browned and medium-rare, 3-4 minutes per side (or longer for desired doneness). Transfer to a cutting board and let rest for 5 minutes.



6. Finish & serve

Thinly slice **steaks**, if desired, then transfer to plates and spoon **reserved chimichurri** over top. Serve **steaks** with **couscous-snap pea salad** alongside. Enjoy!