MARLEY SPOON



Tuscan Sheet Pan Coulotte Steak

with Olive & Tomato Salsa





Earn that weeknight warrior status with this crowd-pleasing sheet pan supper. Potatoes, zucchini, and onions roast to golden brown while we season juicy coulotte steak with our herby Tuscan spice blend. The hearty steak quickly roasts before we melt a thin layer of Parmesan over top. Fresh tomato and olive salsa is the final savory and succulent condiment for this Mediterraneaninspired meal.

What we send

- 1 zucchini
- · 2 potatoes
- 1 yellow onion
- ¾ oz Parmesan 7
- garlic
- 1 lemon
- 1 oz Castelvetrano olives
- 1 plum tomato
- 10 oz pkg flat iron steak
- ¼ oz Tuscan spice blend

What you need

- · olive oil
- kosher salt & ground pepper
- red wine vinegar (or vinegar of your choice)

Tools

- · rimmed baking sheet
- · microplane or grater

Cooking tip

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Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 760kcal, Fat 55g, Carbs 60g, Protein 11g



1. Roast veggies

Preheat oven to 425°F with a rack in the upper third.

Halve **zucchini** lengthwise; cut into 1-inch half moons. Cut **potatoes** into 1-inch pieces. Halve **onion** and cut into ½-inch thick wedges. Toss vegetables with ¼ **cup oil** on a rimmed baking sheet. Season with **salt** and **pepper**.

Roast on lower oven rack until browned underneath, about 20 minutes.



2. Prep ingredients

Meanwhile, finely grate **Parmesan**, if necessary. Zest **half of the lemon** and cut into wedges.

Finely chop **1 teaspoon garlic**. Remove any pits from **olives**, if necessary, and coarsely chop. Cut **tomatoes** into ½-inch pieces.



3. Make olive salsa

In a small bowl, combine olives, tomatoes, chopped garlic, lemon zest, 3 tablespoons oil, and 2 teaspoons vinegar; season to taste with salt and pepper.



4. Roast steak

Pat **steak** dry; season with **salt** and **pepper** and rub with **Tuscan spice**.

Flip **veggies** and place steak on top. Drizzle top of steak with **oil**. Return to lower oven rack and roast until steak is cooked medium-rare and veggies are browned, 10 minutes more.



5. Finish

Sprinkle **veggies** with **Parmesan** (Optionally, switch oven to broil with a rack in the upper third. Broil until cheese is melted and begins to brown, 2-5 minutes. Watch closely as broilers vary).

Thinly slice **steak**. Squeeze **some lemon juice** over **steak and veggies** and spoon **olive salsa** over top.



Enjoy!