

# MARLEY SPOON



## Barbecue Shredded Beef Mac & Cheese

with Scallions



under 20min



2 Servings

Why choose between two all-time favorite comfort foods when you can have both? Crispy, meaty shredded beef mixes with tangy barbecue sauce and fresh scallions before we lay it over rich and creamy mac and cheese. Velvety cheese sauce and shredded cheddar-jack pull double duty to make this version as cheesy as it is fast. With a fresh scallion garnish, dinner is served!



## What we send

- 2 scallions
- 6 oz gemelli <sup>1</sup>
- ½ lb shredded beef <sup>2,1</sup>
- 4 oz barbecue sauce
- 2 (4 oz) Velveeta <sup>3</sup>
- 2 oz shredded cheddar-jack blend <sup>3</sup>

## What you need

- kosher salt & ground pepper
- neutral oil

## Tools

- medium pot
- medium heavy skillet (preferably cast-iron)

## Cooking tip

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## Allergens

Wheat (1), Soy (2), Milk (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

Calories 1260kcal, Fat 60g, Carbs 121g, Protein 53g



### 1. Cook pasta

Bring a medium pot of **salted water** to a boil. Preheat broiler with a rack in the center.

Thinly slice **scallions**; reserve 1 tablespoon for garnish.

Add **pasta** to salted water and cook, stirring often to prevent sticking, until al dente, about 8 minutes. Drain well.



### 4. Make mac & cheese

Heat same skillet over medium; add **drained pasta, all of the cheese sauce, and 3 tablespoons water**. Combine until pasta is evenly coated. Season to taste with **salt** and **pepper**. Remove from heat. Sprinkle **⅔ of the shredded cheese** over top. Pile **barbecue beef** in the center, then top with remaining cheese.



### 2. Brown beef

Meanwhile, heat **1 tablespoon oil** in a medium heavy skillet (preferably cast-iron) over medium-high. Add **beef** and cook, undisturbed, 2-3 minutes until browned. Flip and break apart slightly to create large pieces. Cook until browned on all sides, 2-3 minutes more. Transfer to a bowl and reduce heat to medium.



### 5. Broil & serve

Broil **barbecue beef** until **cheese** is melted and just starting to brown, 2-4 minutes (watch closely as broilers vary). Garnish with **reserved scallions**. Enjoy!



### 3. Deglaze

Add **1 teaspoon oil** and **remaining scallions** to skillet. Cook, stirring, until fragrant, about 1 minute. Add **¼ cup water** and bring to a simmer, scraping up bits from the bottom of the pan. Add to bowl with **beef**. Stir in **barbecue sauce** until evenly coated.



### 6. Spice it up!

Add some spice to this dish by drizzling on Sriracha or sprinkling it with red pepper flakes.