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# **Toula's Favorite Spiced Steak & Tomatoes**

with Scallion-Orzo Pilaf



20-30min 2 Servings



Much like Toula, the tomatoes in this dish undergo a stunning transformation. From firm and tart, to jammy and sweet, these pan-roasted tomatoes become the perfect sauce for harissa-spiced steak. Meanwhile, orzo is toasted until fragrant and golden, then finished with scallions and butter. Toula's right, this dish is a hit–just like My Big Fat Greek Wedding 3, only in theaters September 8

## What we send

- 3 oz orzo <sup>1</sup>
- 1 pkt chicken broth concentrate
- 2 scallions
- 6 oz grape tomatoes
- garlic
- ¼ oz fresh parsley
- 10 oz pkg coulotte steak
- ¼ oz harissa spice blend
- 3 oz arugula

# What you need

- · olive oil
- kosher salt & ground pepper
- butter 7
- sugar

### **Tools**

- small saucepan
- medium heavy skillet

#### **Allergens**

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 700kcal, Fat 42g, Carbs 44g, Protein 39g



# 1. Cook orzo

Heat 1 tablespoon oil in a small saucepan over medium-high. Add orzo; cook, stirring, until toasted, 2-3 minutes. Add broth concentrate, 1¼ cups water, and a pinch of salt. Bring to a boil; cover and cook over low until tender, about 18 minutes. Trim scallions; thinly slice about ¼ cup. Stir sliced scallions and 1 tablespoon butter into orzo. Keep covered until step 6.



# 2. Cook tomatoes

While **orzo** cooks, heat **1 tablespoon oil** in a medium heavy skillet over medium. Add **tomatoes** and **a pinch each of salt and pepper**. Cook, stirring, until tomatoes are browned and softened slightly, 5-6 minutes. Transfer to a medium bowl. Reserve skillet for step 4.



# 3. Prep ingredients

Finely chop 1 teaspoon garlic. Pick 2 tablespoons whole parsley leaves; reserve for step 6. Finely chop remaining leaves and stems.

Pat steak dry; season with salt, pepper, and 34 teaspoon harissa spice. In a medium bowl, toss arugula with 1 teaspoon oil and a pinch each of salt and pepper.



#### 4. Sear steak

Heat **1 tablespoon oil** in reserved skillet over medium-high. Add **steak** and cook until well browned and medium rare, 4-5 minutes per side.

Using tongs, hold steak on its side and cook fat-side down until golden brown and crisp, 1-2 minutes. Transfer to a cutting board to rest.



# 5. Make sauce

Heat **1 teaspoon oil** in same skillet over medium. Stir in **chopped garlic**, **cooked tomatoes and any juices**, **% cup water**, and **1 teaspoon sugar**. Bring to a boil, scraping up any browned bits from the bottom. Cook, gently crushing some of the tomatoes with the back of a spoon, until the liquid is reduced by half, about 1 minute.



6. Finish & serve

Return **steak and any juices** to skillet and cook, turning, until steak is warm, about 30 seconds. Stir in **chopped parsley** and **1 tablespoon butter** until butter melts. Remove skillet from heat. Stir **arugula** into warm pan sauce. Season to taste with salt and pepper. Thinly slice **steak**. Serve steak with **orzo**. Garnish with **reserved** whole parsley leaves. Enjoy!