MARLEY SPOON



Grilled Steak with Pesto

& Marinated Zucchini-Green Bean Salad





20-30min 2 Servings

We love a meal that's both delicious and eye-catching. Here we have all of our favorite shades of green-bright and herby pesto, charred zucchini, and green beans. And the grilled steaks are pretty tasty too! Basil pesto does double duty as a marinade and a topping for the steaks, while chopped almonds and freshly grated Parmesan add a delightful texture and flavor to the veggies.

What we send

- ½ lb green beans
- garlic
- 1 oz roasted almonds 1
- 1 zucchini
- ¾ oz Parmesan ²
- 10 oz pkg sirloin steaks
- 4 oz basil pesto ²

What you need

- kosher salt & ground pepper
- · olive oil
- white wine vinegar (or apple cider vinegar)

Tools

- grill or grill pan
- medium saucepan
- box grater

Cooking tip

Heat oil in heavy skillet over mediumhigh. Cook steaks until browned and medium-rare, 3-4 minutes per side. Broil zucchini on top oven rack until lightly charred and tender, 3-5 minutes.

Allergens

Tree Nuts (1), Milk (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 600kcal, Fat 41g, Carbs 16g, Protein 47g



1. Blanch green beans

Preheat a grill to high, if using. Bring a medium saucepan of **salted water** to a boil.

Trim **green beans**, then snap in half. Transfer to boiling water and cook until bright green and just tender, about 3 minutes. Drain green beans well, rinse under cold water, and drain again.



4. Grill zucchini & steaks

Heat grill pan over high, if using. Brush grill grates lightly with **oil**.

Add **zucchini** and **steaks** to grill or grill pan (save bowl for step 5). Reduce heat to medium-high and cook until steaks are well browned and medium-rare, and zucchini is tender, 2-3 minutes per side (or continue to cook steaks longer, if desired).



2. Prep ingredients

Finely chop ½ teaspoon garlic. Coarsely chop almonds. Trim ends from zucchini, then cut on an angle into ¼-inch thick ovals.

Transfer to a medium bowl and toss with **2 teaspoons oil** and **a pinch each of salt and pepper**. Coarsely grate **Parmesan** on the large holes of a box grater.



3. Prep steaks

Pat **steaks** dry, then rub all over with **2 teaspoons basil pesto** and season all over with **salt** and **pepper**.



5. Assemble salad

In same bowl, combine **chopped garlic**, **2 teaspoons vinegar**, and **a pinch each of salt and pepper**. Whisk in **1 tablespoon oil**.

Add **zucchini** and **green beans** and toss to coat. Season to taste with **salt** and **pepper**.



6. Finish & serve

Just before serving, add half each of the Parmesan and almonds to salad; stir to combine. Thinly slice **steaks**, if desired, and transfer to plates.

Spread some of the pesto on top of each steak and garnish with remaining almonds and Parmesan. Enjoy!