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Caramelized Onion & Mushroom Turkey Burger

with Parmesan Fries



40-50min 2 Servings

Burgers always hit the spot; we can't back this up with data, but our stomachs tell us it's a fact. While we love a classic, why not switch it up? Here, we sear turkey patties in a hot skillet to develop a savory crust, then serve them on buns topped with caramelized onions and baby bella mushrooms. And this restaurant-worthy burger deserves a fancified side, so we toss crisp fries with Parmesan for a cheesy bite.

What we send

- garlic
- 1 red onion
- 4 oz mushrooms
- 2 potatoes
- 2 oz mayonnaise ^{3,6}
- 1½ oz pkt Worcestershire sauce ⁴
- 2 (¾ oz) Parmesan 7
- 2 brioche buns 1,3,7
- 10 oz pkg ground turkey
- 1 romaine heart

What you need

- · kosher salt & ground pepper
- · olive oil
- red wine vinegar (or white wine vinegar)

Tools

- rimmed baking sheet
- · microplane or grater
- medium skillet

Allergens

Wheat (1), Egg (3), Fish (4), Soy (6), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 1210kcal, Fat 78g, Carbs 87g, Protein 46g



1. Prep ingredients

Preheat oven to 425°F with a rack in the lower third. Finely chop 1 teaspoon garlic. Halve and thinly slice all of the onion crosswise. Cut mushrooms into ¼-inch thick slices. Scrub potatoes, then cut into ¾-inch thick wedges. In a small bowl, whisk to combine mayonnaise, garlic, and 2 teaspoons Worcestershire sauce; season to taste with salt and pepper.



2. Roast fries

On a rimmed baking sheet, toss **potatoes** with **2 tablespoons oil** and season with **salt** and **pepper**. Spread to a single layer. Roast on lower oven rack until browned on the bottom, 20-25 minutes.

Finely grate Parmesan.



3. Cook onions & mushrooms

While **fries** roast, heat **1 tablespoon oil** in a medium skillet over medium. Add **onions** and **mushrooms**; cook, stirring occasionally, until deeply golden, about 15 minutes. Stir in **2 tablespoons water**, scraping up bits from the bottom. Continue cooking until any liquid is reduced by ¾, 1-2 minutes more. Transfer to a bowl. Wipe out skillet.



4. Toast buns

Flip **potatoes**, then return to lower oven rack until golden all over, 10-15 minutes more. Lightly brush cut sides of **buns** with **oil**. Heat same skillet over medium-high. Add buns, cut side down, and toast until golden brown, about 1 minute.



5. Cook burgers

Form **ground turkey** into 2 (4-inch wide) patties. Season both sides with **salt** and **pepper**. Heat **1 tablespoon oil** in same skillet over medium-high. Add burgers and cook until browned on both sides and cooked through, 4-5 minutes per side.



6. Assemble & serve

In a small bowl, combine 1 tablespoon each of oil and vinegar; season with salt and pepper. Cut lettuce lengthwise into ½-inch thick wedges, discarding stems; drizzle with vinaigrette. Remove fries from oven; carefully toss with Parmesan. Assemble burgers, topping with onions, mushrooms, and seasoned mayo. Serve fries and salad alongside. Enjoy!