MARLEY SPOON



Fast! Pork & Sauerkraut Goulash

with Egg Noodles





Deeply savory and rich, Hungarian goulash can take hours to develop its complex flavors. Here we make a speedy version that's just as satisfying any night of the week. Paprika and caraway seeds flavor a tomato-scented sauce that we bolster with chicken broth, tangy sauerkraut, and sour cream. Pork strips and buttery egg noodles soak it all up while a scattering of fresh dill is the final herbaceous garnish.

What we send

- 1 yellow onion
- ½ oz fresh dill
- 6 oz egg noodles ^{3,2}
- 10 oz pkg pork strips
- 2 (¼ oz) paprika
- 1/4 oz caraway seeds
- 6 oz tomato paste
- 2 pkts chicken broth concentrate
- ½ lb sauerkraut
- 2 (1 oz) sour cream ¹

What you need

- kosher salt & ground pepper
- 3 Tbsp unsalted butter 1
- 1 Tbsp + 2 tsp all-purpose flour ²
- 1 Tbsp neutral oil
- 2 tsp sugar

Tools

- medium pot
- · medium skillet

Allergens

Milk (1), Wheat (2), Egg (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

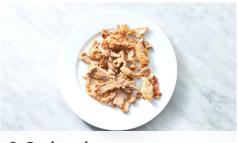
Nutrition per serving

Calories 920kcal, Fat 45g, Carbs 91g, Protein 45g



1. Prep ingredients

Bring a medium pot of **salted water** to a boil. Thinly slice **half the onion** (save remaining half for own use). Reserve **a few dill fronds** for garnish, then finely chop **remaining fronds and stems**. Add **noodles** to boiling water; cook until al dente, 6-8 minutes. Drain noodles, return to pot, and toss with **1 tablespoon butter** to prevent sticking. Cover to keep warm.



2. Cook pork

Pat **pork strips** dry, toss with **1 tablespoon flour**, and season with **salt** and **pepper**. In a medium skillet, heat **1 tablespoon oil** over medium-high. Add pork strips in a single layer. Cook, without stirring, until well browned on one side, about 3 minutes. Stir and continue to cook until pork is cooked through, about 2 minutes more. Transfer to a plate.



3. Cook aromatics

In same skillet, heat **1 tablespoon butter** over medium-high until sizzling; add **onions** and **a pinch of salt**. Cook onions, stirring often, until softened and golden, 3-4 minutes. Add **paprika**, **1 teaspoon caraway**, **1 tablespoon tomato paste**, and **2 teaspoons flour**. Cook, stirring often, until paste is darkened in color and spices are fragrant, 1-2 minutes.



4. Simmer stew

Stir in all of the broth concentrate, half of the sauerkraut, 2 teaspoons sugar, and 1 cup water. Bring to boil and simmer over medium heat until liquid is slightly thickened and flavorful, 4-5 minutes. Return **pork** to skillet and simmer for another minute until warmed through.



5. Finish

Remove skillet from heat and stir in sour cream, chopped dill, and 1 tablespoon butter; season to taste with salt and pepper. Divide noodles and goulash between bowls. Garnish with reserved dill fronds



6. Serve

Enjoy!