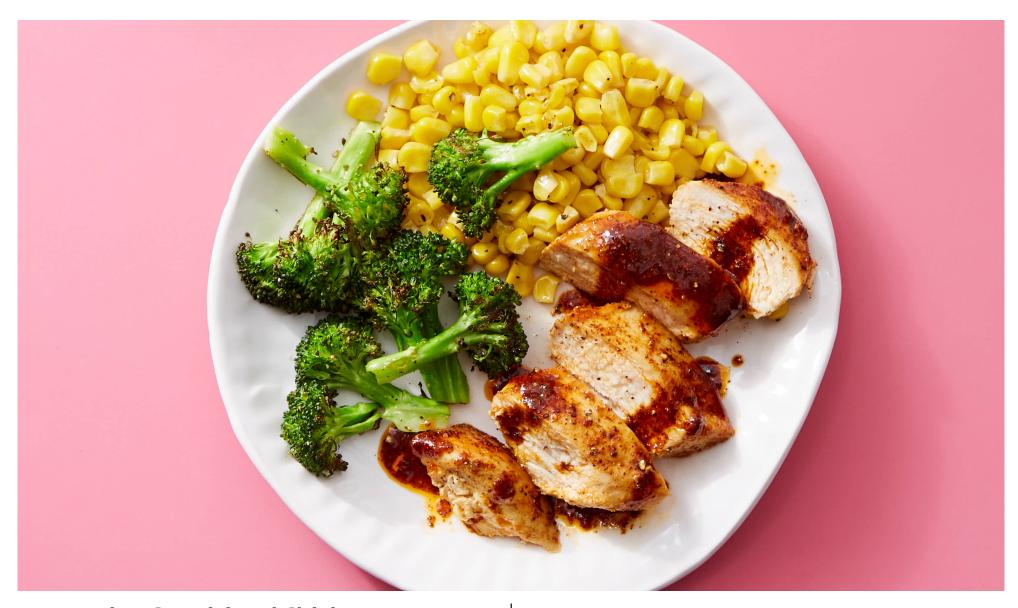
# **DINNERLY**



# Roasted BBQ-Rubbed Chicken

with Buttery Corn & Broccoli





Did you ever watch a movie and the sidekick was so charming, they kind of stole the show from the main character? The broccoli in this dish does just that here. (Sorry, chicken.) When you roast broccoli, something magical happens: It gets charred and crispy in places, making it so sweet and irresistible, it's practically picky eater proof. We've got you covered!

# **WHAT WE SEND**

- ½ lb broccoli
- 1/4 oz granulated garlic
- 5 oz corn
- · 4 oz barbecue sauce
- 12 oz pkg ribeye pork chop

#### WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper
- butter <sup>7</sup>

#### **TOOLS**

- · rimmed baking sheet
- medium nonstick skillet

#### **ALLERGENS**

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## **NUTRITION PER SERVING**

Calories 480kcal, Fat 31g, Carbs 23g, Protein 32g



## 1. Roast broccoli

Preheat oven to 425°F with a rack the in center.

Cut broccoli into 1-inch florets, if necessary. Toss on a rimmed baking sheet with 1 tablespoon oil and ¼ teaspoon granulated garlic; season with salt and pepper. Roast on center oven rack until broccoli is tender and browned in spots, about 8 minutes (watch closely as ovens vary).



#### 2. Sauté corn

Meanwhile, melt 1 tablespoon butter in a medium nonstick skillet over mediumhigh. Add corn and cook, stirring, until tender, about 2 minutes. Season to taste with salt and pepper. Transfer to a bowl and cover to keep warm.



## 3. Cook chicken

Pat chicken dry; season with a pinch each of salt and pepper. Heat 2 teaspoons oil in same skillet over medium-high. Add chicken and cook until browned and cooked through, 2–3 minutes per side. Remove from heat and brush with half of the barbecue sauce.



## 4. Finish & serve

Place **chicken** on plates and spoon **remaining barbecue sauce** over top.

Serve BBQ-rubbed chicken with buttery corn and broccoli alongside. Enjoy!



5. ...

What were you expecting, more steps?



You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!