# **DINNERLY**



# Beef Udon Noodle Soup

with Snow Peas & Jammy Eggs





Udon noodles are made for slurping, and that's just what we'll do, one night this week these noodles could be a hearty dinner for you! Do you think Nancy Sinatra would approve of our remix? We think so. We've got you covered!

#### WHAT WE SEND

- 7 oz udon noodles 1
- · 4 oz snow peas
- 10 oz pkg ground beef
- ½ oz tamari soy sauce 6
- 1½ oz pork ramen base 1,6
- ¼ oz granulated garlic

#### WHAT YOU NEED

- kosher salt & ground pepper
- 4 large eggs<sup>3</sup>
- neutral oil
- sugar
- apple cider vinegar (or white wine vinegar)

#### **TOOLS**

- · large saucepan
- medium pot

#### **ALLERGENS**

Wheat (1), Egg (3), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 1040kcal, Fat 52g, Carbs 92g, Protein 51g



# 1. Cook eggs & noodles

Bring a large saucepan of salted water to a boil. Use a slotted spoon to lower 4 large eggs into boiling water; cook for 7 minutes. Use same spoon to transfer eggs to a bowl of ice water. Return water to a boil, if necessary. Add noodles; cook, stirring occasionally to prevent sticking, until just tender, about 5 minutes. Drain and rinse under warm water; set aside until step 5.



### 2. Prep ingredients

Thinly slice **snow peas** lengthwise. Heat 2 **teaspoons oil** in a medium pot over high heat. Add snow peas and **a pinch of salt**; cook until bright green and browned in spots, 1–2 minutes. Transfer snow peas to a plate.



## 3. Cook & glaze beef

Heat 2 teaspoons oil in same pot over medium-high. Add beef and a pinch each of salt and pepper; cook, breaking into smaller pieces, until well browned and cooked through, 5–6 minutes. Stir in tamari, 1 tablespoon sugar and 2 teaspoons vinegar; cook until beef is glazed, 1–2 minutes. Using a slotted spoon, transfer beef to plate with snow peas, leaving any fat behind.



#### 4. Simmer broth

To same pot with fat, add ramen base, ½ teaspoon granulated garlic, and 5 cups water; bring to a boil. Cover, reduce heat to medium-low, and simmer, at least 5 minutes; season to taste with salt and pepper.



5. Finish & serve

Peel eggs and halve.

Serve noodles with beef and snow peas and broth ladled over top. Top each bowl with two egg halves. Enjoy!



6. Take it to the next level

Finish your bowl off with chopped cilantro and sliced scallions for a bump of aromatics.