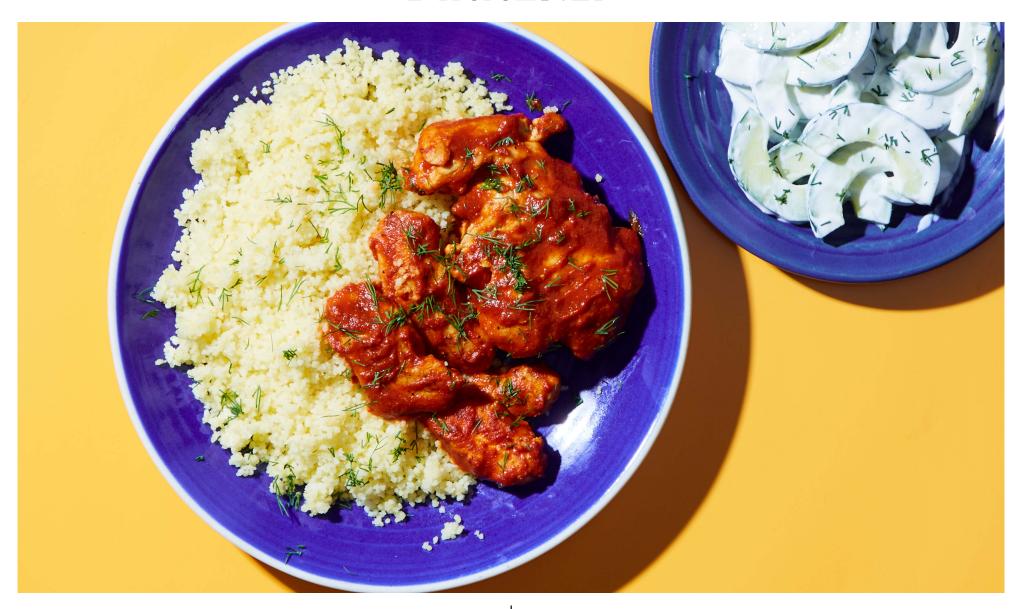
# **DINNERLY**



# Easy Clean Up! Harissa Chicken & Brown Rice

with Creamy Cucumber Salad





This chicken dish will leave you satisfied—without leaving you with a mountain of dishes. While we cook fluffy brown rice in one pan, another cooks tender chicken strips and a tomatoey, harissa-spiced sauce. Pair it with a refreshing cucumber salad tossed with sour cream and dill for a seriously tasty meal. We've got you covered!

# **WHAT WE SEND**

- ¼ oz fresh dill
- 5 oz quick-cooking brown rice
- 1 cucumber
- 2 (1 oz) sour cream <sup>7</sup>
- ½ lb pkg chicken breast strips
- · 6 oz tomato paste
- ¼ oz harissa spice blend

#### WHAT YOU NEED

- garlic
- olive oil
- kosher salt & ground pepper
- distilled white vinegar (or apple cider vinegar)
- sugar

# **TOOLS**

- small saucepan
- medium skillet

### **ALLERGENS**

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### NUTRITION PER SERVING

Calories 590kcal, Fat 20g, Carbs 68g, Protein 35g



#### 1. BROWN RICE VARIATION

Finely chop **1 teaspoon garlic**. Finely chop **dill**.

Bring a small saucepan of **salted water** to a boil over high heat. Add **rice** and boil (like pasta!), stirring occasionally, until just tender, about 22 minutes. Drain in a finemesh sieve. Return to saucepan off heat. Keep covered until ready to serve.



# 2. Make cucumber salad

Halve **cucumber** crosswise, then cut one half lengthwise (save other half for own use). Peel, if desired, and scoop out seeds with a spoon. Thinly slice into 1/6-inch halfmoons.

In a small bowl, whisk to combine all of the sour cream, 1 teaspoon each of dill and vinegar, and ½ teaspoon sugar; season to taste with salt and pepper. Add cucumbers and stir to combine.



# 3. Cook chicken

Pat **chicken** dry and season all over with **salt** and **pepper**.

Heat **2 teaspoons oil** in a medium skillet over medium-high. Add chicken in a single layer and cook, undisturbed, until browned on the bottom, about 3 minutes. Stir and cook until cooked through, about 2 minutes more. Transfer to a plate.



# 4. Make harissa sauce

To same skillet over medium heat, add garlic, 2 tablespoons tomato paste and 2 teaspoons harissa spice. Cook, stirring, until fragrant and paste is brick red and glossy, 2–3 minutes. Stir in ½ cup water; bring to a simmer. Cook, stirring, until slightly thickened, 1–2 minutes. Return chicken to skillet, turning to coat.



5. Finish & serve

Fluff rice with a fork.

Serve Moroccan chicken over rice with cucumber salad alongside. Garnish with remaining dill. Enjoy!



# 6. Check us out!

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