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# **Fast! Beef Moo Shu Wrap**

with Roasted Cashews





We make dinner happen in 20 minutes with a little help from hearty beef strips and shredded cabbage. These quick-cooking ingredients come together with honey, ponzu sauce, and sesame oil. Serve it piled high in warm tortillas with a drizzle of hoisin sauce. It packs all the flavor of your favorite take-out moo shu beef with almost no chopping.

#### What we send

- 1 oz salted cashews 15
- 2 scallions
- 10 oz pkg beef strips
- 14 oz cabbage blend
- 1.8 oz ponzu sauce <sup>6</sup>
- ½ oz honey
- ½ oz toasted sesame oil 11
- 6 (6-inch) flour tortillas 1,6
- 2 oz hojsin sauce 1,6,11

# What you need

- neutral oil
- kosher salt & ground pepper

#### **Tools**

- medium skillet
- microwave

#### **Cooking tip**

No microwave? Heat a small skillet over medium-high. Add tortillas and cook, 1 at a time, until warm, 30 seconds per side. Stack and wrap in foil or a clean kitchen towel as you go to keep warm.

#### Allergens

Wheat (1), Soy (6), Sesame (11), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 870kcal, Fat 43g, Carbs 95g, Protein 36g



# 1. Prep ingredients

Coarsely chop **cashews**. Trim **scallions**, then thinly slice.



#### 2. Cook beef

Heat **1 tablespoon neutral oil** in a medium skillet over medium-high. Add **beef** and **a pinch each of salt and pepper**. Cook, without stirring, until well browned on the bottom, 2-3 minutes. Stir beef and continue to cook until just cooked through, about 1 minute more. Transfer beef to a plate.



# 3. Cook cabbage

Heat 1 tablespoon neutral oil in same skillet over medium-high. Add cabbage and 3/3 of the scallions. Cook, stirring, until cabbage is just wilted, 2-3 minutes.



4. Finish moo shu filling

To skillet with **cabbage**, stir in **ponzu** sauce, honey, and 1 tablespoon sesame oil. Bring to a simmer over medium-high heat, then return **beef and any resting** juices to skillet. Cook, stirring, until beef is just warmed through, about 1 minute. Season to taste with salt and pepper.



5. Heat tortillas

Stack **tortillas** on a microwave-safe plate and cover with a damp paper towel. Microwave in 30-second bursts until warmed through.



6. Serve

Spread hoisin sauce over tortillas, then top with filling. Serve beef moo shu wraps sprinkled with cashews and remaining scallions. Enjoy!