# **DINNERLY**



# Orange Beef

with Snow Peas & Steamed Rice





Knock knock. Who's there? Orange. Orange who? Orange beef stir-fry with snow peas & steamed rice. We promise this recipe is better than our jokes. We've got you covered!

#### WHAT WE SEND

- 5 oz jasmine rice
- · 4 oz snow peas
- · 1 oz fresh ginger
- 1 orange
- 2 oz teriyaki sauce 1,6
- ½ lb pkg beef strips

#### WHAT YOU NEED

- kosher salt & ground pepper
- apple cider vinegar (or white wine vinegar)
- · neutral oil
- · all-purpose flour 1
- garlic

#### **TOOLS**

- · small saucepan
- medium nonstick skillet

#### **ALLERGENS**

Wheat (1), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 570kcal, Fat 14g, Carbs 81g, Protein 27g



#### 1. Cook rice

Place 1½ cups water, rice, and ½ teaspoon salt in a small saucepan. Bring to a boil over high heat, then cover and cook over low heat until rice is tender and water is absorbed, about 17 minutes. Remove from heat and keep covered until ready to serve.



## 2. Prep ingredients & sauce

Trim stem ends from snow peas, then halve crosswise. Finely chop 2 teaspoons each of ginger and garlic. Using a peeler, peel 4 (1-inch) orange zest strips. Squeeze 3 tablespoons orange juice into a medium bowl. Stir in teriyaki sauce, 2 tablespoons water, and 2 teaspoons vinegar.



## 3. Stir-fry snow peas

Heat 1 teaspoon oil in a medium nonstick skillet over high. Add snow peas and a pinch of salt; cook, stirring, until crisp tender, 1–2 minutes. Transfer to a plate and reserve skillet.



4. Season & brown beef

Heat 1 tablespoon oil in same skillet over medium-high. Add beef, chopped ginger and garlic, orange zest strips, and a pinch each of salt and pepper; cook, stirring occasionally, until beef is browned and almost cooked through, 2–3 minutes. Stir 1 teaspoon flour into skillet; cook, stirring to coat beef, about 1 minute.



5. Finish & serve

Stir sauce to recombine, then add to skillet with beef. Cook, scraping up any browned bits from the bottom, until sauce is slightly reduced and beef is cooked through, 1–2 minutes. Stir in snow peas. Season to taste with salt and pepper. Fluff rice with a fork. Serve orange beef stir-fry over rice (remove orange peels, if desired). Enjoy!



6. Crunch, crunch!

Top with sesame seeds or chopped toasted cashews. Or, if you have them handy, throw in some drained sliced water chestnuts for some added cruch.