DINNERLY



Fork & Knife Turkey Meatball Parm

on Garlic Bread with Green Salad



20-30min 2 Servings



This isn't your typical red-sauce joint meatball Parmesan. We upped the ante by making an open-faced version, on, wait for it...garlic bread. Break out the fork and knife for a whole new meatball Parm experience! And the best part? All the saucy goodness and Parmesan cheese stays on your fork, not your face! Served with a crisp lettuce salad for a well-balanced dinner. We've got you covered!

WHAT WE SEND

- 1 oz panko ²
- 1/4 oz granulated garlic
- · 10 oz pkg ground turkey
- · 6 oz tomato paste
- 1 baguette ²
- 34 oz Parmesan 3
- 1 Gotham Greens lettuce with roots

WHAT YOU NEED

- 1 large egg 1
- kosher salt & ground pepper
- olive oil
- sugar
- red wine vinegar (or white wine vinegar)

TOOLS

- · medium skillet
- · microplane or grater
- · rimmed baking sheet

ALLERGENS

Egg (1), Wheat (2), Milk (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 810kcal, Fat 45g, Carbs 61g, Protein 42g



1. Shape meatballs

Preheat oven to 450°F with a rack in the center.

In a medium bowl, mix to combine panko, ½ teaspoon granulated garlic, 1 large egg, ½ teaspoon salt, and ¼ teaspoon pepper. Add turkey and gently knead to combine. Using slightly moistened hands, form mixture into 8 equal-sized meatballs.



2. Brown meatballs

In a medium skillet, heat 1 tablespoon oil over medium-high until shimmering. Add meatballs and cook, turning once or twice, until browned but not cooked through, 6–8 minutes. Transfer to a plate and spoon off all but 1 tablespoon of the oil, if necessary. Return skillet to heat.



3. Simmer meatballs

To same skillet, add ½ teaspoon granulated garlic; cook, stirring, about 10 seconds. Add ¼ cup tomato paste (save rest); cook, stirring, until slightly darkened, 1–2 minutes. Stir in 2 cups water, ¼ teaspoon salt, and ½ teaspoon sugar. Return meatballs to skillet and bring to a boil; cook, turning meatballs occasionally, until sauce is reduced to ¾ cup, 8–10 minutes.



4. Make garlic bread

While meatballs simmer, split baguette, then brush cut sides generously with oil. Transfer to a rimmed baking sheet, cutsides up, then sprinkle with ½ teaspoon granulated garlic and ½ of the Parmesan; season with salt and pepper. Bake on center oven rack until golden and crisp, 5–7 minutes.



5. Make salad & serve

Halve lettuce lengthwise; cut crosswise into 1-inch pieces, discarding end. In a large bowl, stir to combine 1 tablespoon vinegar, 2 tablespoons oil, and a pinch each of salt and pepper; add lettuce and half of the remaining Parmesan, tossing to combine.

Serve garlic bread topped with meatballs, sauce, and remaining Parmesan with salad alongside. Enjoy!



6. Spice it up!

If you like things a little spicy, add a pinch of crushed red pepper to the sauce in step 3 for a meatball Parm with a little bit of attitude!