

# MARLEY SPOON



## Gochujang Beef Ragu

with Udon, Cilantro & Scallions



30min



2 Servings

This rich Korean-inspired beef ragu is full of deep warming flavors thanks to concentrated tomato paste, pungent aromatics, and sweet-spicy gochujang (a Korean red chili paste). We serve this flavor-packed sauce with udon noodles—which are thick enough to hold up to the hearty ragu, have a delightful chew, and only take a few minutes to cook! This plate is fusion cuisine at its best.



## What we send

- 2 scallions
- 1 bunch curly kale
- 1 oz gochujang <sup>1</sup>
- 6 oz tomato paste
- 2 (½ oz) tamari soy sauce <sup>1</sup>
- 7 oz udon noodles <sup>2</sup>
- ¼ oz fresh cilantro
- ¼ oz pkt toasted sesame seeds <sup>3</sup>
- 10 oz pkg grass-fed ground beef
- garlic

## What you need

- kosher salt & ground pepper
- neutral oil
- sugar

## Tools

- medium saucepan
- medium skillet

## Allergens

Soy (1), Wheat (2), Sesame (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

Calories 900kcal, Fat 33g, Carbs 95g, Protein 42g



### 1. Prep ingredients

Bring a medium saucepan of **salted water** to a boil. Trim **scallions**, then thinly slice. Finely chop **1 tablespoon garlic**.

Remove **half of the kale leaves** from stems; discard stems and coarsely chop leaves (save remaining kale for own use).



### 4. Finish ragu

To skillet with **beef and aromatics**, stir in **all of the tamari, 1½ cups water**, and **1 tablespoon sugar**. Bring to a simmer, then reduce heat to medium-low.

Add **chopped kale** and cook, stirring often, until sauce is thickened, kale is tender, and beef is cooked through, 5–7 minutes. Season to taste with **salt** and **pepper**.



### 2. Brown beef

Heat **2 tablespoons oil** in a medium skillet over medium-high. Add **beef** and a **pinch each of salt and pepper**; use a spoon to break up into large pieces. Cook, without stirring, until beef is well browned on one side, 3–5 minutes.



### 5. Boil noodles

Add **noodles** to boiling water and cook, stirring occasionally to prevent sticking, until just tender, 5 minutes. Drain well, rinse under cold water, and drain again.



### 3. Start ragu

To skillet with **browned beef**, add **scallions, chopped garlic, gochujang**, and **¼ cup tomato paste** (save rest for own use). Cook, stirring, until scallions are softened and garlic is fragrant, about 2 minutes.



### 6. Finish & serve

Add **noodles** to **ragu** and toss to coat. Season to taste with **salt** and **pepper**.

Serve **noodles** topped with **torn cilantro leaves** and **sesame seeds**. Enjoy!