MARLEY SPOON



Coulotte Steak Fajita Bowl

with Peppers & Sour Cream





Fajitas are a pretty perfect meal-except when you wrap one up and take a bite, only to have the filling fall out of the other end of the tortilla. Enter the fajita bowl. We've combined brown rice, sautéed peppers, and taco-spiced coulotte steak, and top it all off with fresh cilantro and a drizzle of sour cream. You'll get all the flavors of the sizzling dish in each tidy forkful.

What we send

- 5 oz quick-cooking brown rice
- 1 oz sour cream 7
- ¼ oz taco seasoning
- 1 poblano pepper
- 1 bell pepper
- 2 scallions
- 1/4 oz fresh cilantro
- garlic
- 10 oz pkg coulotte steak

What you need

- · kosher salt & ground pepper
- olive oil

Tools

- medium pot
- medium skillet

Cooking tip

Boiling rice in an unmeasured amount of water, then draining it through a fine-mesh sieve eliminates common issues with adding too much water (mushy rice) or too little water (crunchy rice).

Allergens

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 720kcal, Fat 34g, Carbs 64g, Protein 39g



1. Boil rice & prep crema

Fill a medium pot with **salted water** and bring to a boil. Add **brown rice** to boiling water and cook (like pasta) until rice is tender, about 20 minutes. Drain rice; return to pot and cover to keep warm.

In a small bowl, thin **sour cream** by stirring in **1 teaspoon water** at a time, as needed. Season to taste with **salt** and **pepper**; set aside until ready to serve.



2. Marinate steak

Finely chop **2 teaspoons garlic**. Pat **steaks** dry.

In a large bowl, stir to combine **taco** seasoning, 1 tablespoon oil, 1 teaspoon of the chopped garlic, and ¼ teaspoon pepper. Add steaks and turn to coat. Set aside to marinate at room temperature until step 5.



3. Prep ingredients

Halve **poblano and bell peppers**, discard stems and seeds, then cut each into 1-inch pieces. Trim **scallions**, then thinly slice. Pick **cilantro leaves** from **stems**; finely chop stems and coarsely chop half of the leaves, keeping remaining leaves whole.

Stir chopped cilantro stems and half of the sliced scallions into pot with cooked rice.



4. Cook peppers

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **poblano and bell peppers, remaining garlic and scallions**, and **a pinch each of salt and pepper**. Cook, stirring occasionally, until peppers are softened and charred in spots, about 8 minutes (reduce heat if browning too quickly). Transfer to a bowl.



5. Cook steak

Heat **1 tablespoon oil** in same skillet over medium-high. Add **steaks** and cook until browned on the bottom, 2-3 minutes. Flip steaks, then return **cooked peppers** to skillet along with ½ **cup water**. Reduce heat to medium; cover and cook until peppers are tender and steaks are medium-rare, about 3 minutes.



6. Finish & serve

Stir **chopped cilantro leaves** into skillet with **steak and peppers**. Season to taste with **salt** and **pepper**.

Serve **cilantro rice** topped with **steak**, **peppers**, and **any pan juices**. Spoon **seasoned sour cream** over top, and garnish with **whole cilantro leaves**. Enjoy!