



Beef Noodle Soup with Bok Choy & Gingery Broth

 20-30min  2 Servings

Thin and bouncy ramen noodles have the perfect texture for slurping up this warm and filling bowl. A rich gingery broth with tender beef and crunchy bok choy deliver all the satisfying flavor you need come dinnertime.

What we send

- 2 (2½ oz) ramen noodles ¹
- 1 oz fresh ginger
- garlic
- 2 scallions
- ½ lb baby bok choy
- 2 pkts chicken broth concentrate
- 2 (½ oz) tamari soy sauce ⁶
- 10 oz pkg grass-fed ground beef
- ¼ oz shichimi togarashi ¹¹

What you need

- kosher salt & ground pepper
- 1 large egg ³
- neutral oil
- sugar

Tools

- medium saucepan
- medium nonstick skillet

Allergens

Wheat (1), Egg (3), Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 600kcal, Fat 25g, Carbs 21g, Protein 39g



1. Cook egg

Fill a medium saucepan with **salted water**. Bring to a boil. Use a slotted spoon to carefully add **1 large egg** (water should cover egg by a ½ inch). Simmer over medium heat, 6 minutes. Use slotted spoon to transfer egg to a bowl of ice water. Once cool, peel and set aside.



4. Make broth

In reserved saucepan, combine **all of the broth concentrate, sliced ginger, 1 tablespoon tamari, and 4 cups water**. Bring to a boil. Season to taste with **salt and pepper**, then remove from heat.



2. Cook noodles

Return same saucepan with **salted water** to a boil. Add **noodles**; cook, stirring occasionally, until al dente and noodles come apart, about 2 minutes. Drain and reserve saucepan for step 4.



5. Cook beef

Heat **2 teaspoons oil** in a medium nonstick skillet over medium-high. Add **beef** and **a pinch each of salt and pepper**. Cook, breaking up meat, until well browned and cooked through, about 5 minutes. Add **chopped garlic and ginger** and **scallion whites**; cook, stirring, 1 minute. Add **1 tablespoon sugar** and **remaining tamari**. Cook until liquid is sticky and reduced, 1-2 minutes.



3. Prep ingredients

Meanwhile, peel and finely chop **half of the ginger**; thinly slice remaining ginger. Finely chop **1 teaspoon garlic**.

Trim **scallions**, then thinly slice, keeping dark greens separate. Halve **bok choy** lengthwise, then cut crosswise into ½-inch wide ribbons.



6. Finish & serve

Return **broth** to a simmer, then add **bok choy**. Immediately remove from heat. Transfer **noodles** to bowls and ladle broth over top. Halve **egg** lengthwise.

Serve **noodles** topped with **beef, scallion dark greens, egg, and some of the shichimi togarashi** (use according to heat preference). Enjoy!