# $\frac{\text{martha stewart}}{\text{MARLEY}} \underset{\text{SPOON}}{\overset{\&}{-}}$



# **20-Min: Roasted Chicken Thighs**

with White Bean-Chard Stew & Basil Pesto





ca. 20min 2 Servings

There are so many reasons to love chicken thighs. They're juicy, tender, flavorful, and because we're using boneless, skinless thighs, they cook in a flash! Here we coat the chicken in aromatic basil pesto, then roast them. Slice the thighs right before serving and lay them over a tender collard green and white bean stew. We complete this restaurant-worthy meal with toasted bread alongside to sop up the basil-brothy goodness.

#### What we send

- 1 bunch Swiss chard
- garlic
- 12 oz pkg boneless, skinless chicken breasts
- 4 oz basil pesto <sup>7</sup>
- 15 oz can cannellini beans
- 1 pkt chicken broth concentrate
- 34 oz Parmesan 7
- 1 lemon
- 1 ciabatta roll <sup>1</sup>

# What you need

- · kosher salt & ground pepper
- olive oil

#### **Tools**

- rimmed baking sheet
- medium skillet
- microplane or grater

#### **Allergens**

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 930kcal, Fat 53g, Carbs 61g, Protein 61g



## 1. Prep Swiss chard & garlic

Preheat oven to broil with a rack in the top position. Trim stem ends of **Swiss chard**. Strip Swiss chard leaves from stems. Thinly slice stems and tear or chop leaves into bite-sized pieces, keeping them separate. With the flat side of a knife, lightly crush **2 large garlic cloves**.



### 2. Broil chicken

Pat **chicken** dry. On a rimmed baking sheet, toss chicken with **half of the pesto**; season with **salt** and **pepper**. Broil chicken on top oven rack until well browned on top and cooked to 165°F internally, 6-8 minutes (watch closely as broilers vary).



#### 3. Cook Swiss chard

While **chicken** broils, combine **crushed** garlic cloves with 2 tablespoons oil in a medium skillet. Cook over medium-high heat until garlic is lightly golden brown, 1-2 minutes. Add **Swiss chard stems**; season with **salt** and **pepper**. Cook, stirring occasionally, until crisp-tender, 2-3 minutes. Add **Swiss chard leaves** and cook, stirring, until wilted, 2-3 minutes more.



#### 4. Add beans

To same skillet, add beans and their liquid, broth concentrate, and ¾ cup water. Cook over medium-high until liquid has reduced by half, 3-5 minutes. Off heat, grate in half of the Parmesan and zest and juice of half the lemon. Add 1 tablespoon oil; stir vigorously until silky and creamy. Remove garlic cloves if desired. Season to taste with salt and pepper.



#### 5. Toast bread

Drizzle cut sides of **ciabatta** with **oil** and place directly on top oven rack, cut-side up. Broil until lightly toasted, about 1 minute (watch closely as broilers vary). Cut **1 large garlic clove** in half and rub cut sides of toasted bread with garlic.



6. Finish & serve

Cut remaining lemon into wedges. Spoon Swiss chard and beans into bowls. Slice chicken, if desired, and place on top. Garnish with remaining pesto, a grating of Parmesan, and a drizzle of oil. Serve bread and lemon wedges on the side. Enjoy!