# **DINNERLY**



# Low-Cal Cheesy Chicken Tacos

with Corn Tortillas & Fresh Tomato Salsa





We're here to remind you that dinner can be delicious and satisfying without busting out the bells and whistles. Here, we're giving chicken a little TLC by coating it in taco seasoning, stuffing it in warm corn tortillas, and piling on crisp lettuce, juicy tomatoes, and cheddar cheese. The best part? The chicken is pre-sliced for optimal skillet to tortilla cook time. We've got you covered!

## WHAT WE SEND

- 1 Gotham Greens lettuce with roots
- · 2 plum tomatoes
- · 6 (6-inch) corn tortillas
- · 1/4 oz taco seasoning
- ½ lb pkg chicken breast strips
- 2 oz shredded cheddarjack blend <sup>1</sup>

#### WHAT YOU NEED

- garlic
- · neutral oil
- white wine vinegar (or red wine vinegar)
- kosher salt & ground pepper

## **TOOLS**

· medium nonstick skillet

# **ALLERGENS**

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 620kcal, Fat 34g, Carbs 47g, Protein 40g



# 1. Prep veggies

Trim and discard stem end from **lettuce**, then halve lengthwise and thinly slice crosswise into thin ribbons.

Finely chop ½ teaspoon garlic. Coarsely chop tomato.



#### 2. Marinate tomatoes

In a small bowl, whisk to combine **chopped** garlic, 1 tablespoon oil, and 1½ teaspoons vinegar. Add tomatoes and toss to coat. Season to taste with salt and pepper. Set aside until ready to serve.



# 3. CORN TORTILLA VARIATION

Heat a medium nonstick skillet over medium-high. Add 1 tortilla at a time and cook until warmed through and lightly golden, about 30 seconds per side. Wrap in foil or a clean kitchen towel as you go to keep warm until ready to serve.



4. Season & cook chicken

In a small bowl, stir to combine **taco** seasoning and 1 tablespoon oil.

Pat **chicken** dry, then season with **salt**. Heat **1 tablespoon oil** in same skillet over medium-high. Add chicken in a single layer; cook until browned on the bottom, 2–3 minutes. Stir in **taco-spiced oil** and cook until chicken is coated and cooked through, about 2 minutes more.



5. Serve

Serve warm tortillas filled with chicken, lettuce, marinated tomatoes, and cheese. Enjoy!



6. Did you know?

Although reducing food waste is a top priority, sometimes in spite of best efforts, we end up with more (ingredients or food) than we need. When that happens, we still make sure it doesn't go to waste. One way of ensuring all of our nutritious food ends up on a table is by donating to local charities like Table to Table and Grace Place.