# MARLEY SPOON



# **Easy Prep! Ginger-Hoisin Turkey Meatloaves**

Miso Sweet Potato Mash & Sesame Green Beans





30-40min 2 Servings

A new take on a tried-and-true classic: meatloaf and mashed potatoes. Hoisin tops the gingery turkey meatloaves and brings along that sweet and salty flavor we love. Mashed sweet potatoes get a hint of umami from miso paste. Roasted green beans stand out with a drizzle of sesame oil and sprinkling of sesame seeds. Each component on its own shines, but bring them all together? Now that's meatloaf and mashed potatoes!

#### What we send

- 1 oz fresh ginger
- garlic
- 2 scallions
- 2 sweet potatoes
- 10 oz pkg ground turkey
- 1 oz panko <sup>2</sup>
- 0.63 oz miso paste <sup>3</sup>
- ½ lb green beans
- 2 oz hoisin sauce 4,3,2
- ½ oz toasted sesame oil 4
- ¼ oz pkt toasted sesame seeds <sup>4</sup>

### What you need

- kosher salt & ground pepper
- butter 1
- neutral oil

#### **Tools**

- microplane or grater
- medium saucepan
- · rimmed baking sheet

#### Allergens

Milk (1), Wheat (2), Soy (3), Sesame (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 900kcal, Fat 46g, Carbs 95g, Protein 34g



# 1. Prep ingredients

Preheat oven to 425°F with rack in center.

Finely grate **1 teaspoon each of ginger and garlic**. Thinly slice **scallions**, keeping whites and light greens separate from dark greens.



2. Boil sweet potatoes

Peel **sweet potatoes** and cut into 1-inch pieces. Place in a large saucepan with enough **salted water** to cover by 1 inch. Cover and bring to a boil over high heat. Uncover, reduce heat to medium-high, and cook until easily pierced with a fork, 10–12 minutes.

Reserve ¼ cup cooking liquid; drain potatoes, and return to saucepan with 2 tablespoons butter. Cover to keep warm.



3. Make meatloaves

Meanwhile, in a medium bowl, combine turkey, panko, ginger, garlic, scallion whites and light greens, and ½ teaspoon salt. Mix to combine. Divide into 2 meatloaves about ½-inch thick.

Add miso paste to reserved potato cooking liquid and whisk to combine.



## 4. Prep meatloves

Trim stem ends from **green beans**.

Drizzle one side of a rimmed baking sheet with **neutral oil**; place **meatloaves** on top. Divide **hoisin** between tops of the meatloaves and spread to evenly cover the top and sides.

On other side of baking sheet, toss **green** beans with 1 tablespoon oil and season with salt and pepper.



5. Bake

Bake **meatloaves** and **green beans** on center oven rack until green beans are charred and meatloaves are cooked through, about 20 minutes.



6. Finish & serve

Mash **sweet potatoes** with a potato masher or fork. Add **miso liquid** and stir to combine. Season to taste with **salt** and **pepper**. Toss **green beans** with **sesame oil** and **sesame seeds** directly on baking sheet.

Plate **mashed miso sweet potatoes** next to **meatloaves** and **green beans**. Garnish with **scallion dark greens**. Enjoy!