MARLEY SPOON



Butter-Basted Steak & Green Beans

with Broiled Peppers & Garlicky Mayo





30-40min 2 Servings

People often ask, "what makes restaurant food taste so good?" While there are many answers, one of them is, simply: Sauce. This recipe includes a super fast and easy pan sauce that works with just about anything seared in a skillet. Butter, shallots, vinegar, and thyme mix and mingle with pan juices. We added grated garlic to the mayo for a bistro-worthy dip: good on fries, better on steak.

What we send

- ½ lb green beans
- 1 bell pepper
- garlic
- 2 oz mayonnaise 1,3
- 1 shallot
- 10 oz pkg sirloin steaks
- 1/4 oz fresh thyme

What you need

- · olive oil
- kosher salt & ground pepper
- butter ²
- red wine vinegar (or apple cider vinegar)

Tools

- microplane or grater
- · rimmed baking sheet
- medium skillet

Allergens

Egg (1), Milk (2), Soy (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 690kcal, Fat 58g, Carbs 20g, Protein 26g



1. Prep vegetables

Preheat oven to 450°F with a rack in the upper third. Trim stem ends from **green** beans. Halve pepper, remove stem and seeds. Thinly slice 1½ large garlic cloves. Finely grate remaining half garlic clove into a small bowl; add mayonnaise and stir to combine. Halve and thinly slice shallot.



4. Finish steaks

Add half of the thyme sprigs and 1 tablespoon butter to skillet and cook, swirling, until melted. Tilt skillet toward you so butter pools at the edge. Use a large spoon to baste the **steaks** with butter continually until it turns deep golden brown, about 1 minute. Transfer steaks to a cutting board to rest. Reserve pan with pan juices for Step 6.



2. Roast vegetables

On a rimmed baking sheet, toss **green** beans and bell peppers with 3 tablespoons oil. Season with salt and pepper; arrange green beans in a single layer and arrange peppers cut sides up. Sprinkle peppers with sliced garlic. Roast on upper oven rack until vegetables are tender, about 15 minutes.



3. Cook steaks

Meanwhile, pat **steaks** dry and season all over with **salt** and **pepper**. Heat **2 teaspoons oil** in a medium skillet over medium-high. Add steaks and cook until well browned and medium-rare, about 3 minutes per side (or longer for desired doneness).



5. Broil vegetables

Switch oven to broil. Transfer **green beans** to a plate, then broil **peppers** on upper oven rack until lightly charred, about 3 minutes more (watch closely as broilers vary).



6. Make sauce & serve

Add **sliced shallots** to reserved skillet over medium-high and cook until softened, about 2 minutes. Add ½ cup water and simmer until slightly thickened. Stir in 1 tablespoon vinegar and season to taste with salt and pepper. Thinly slice steaks, if desired, and spoon sauce over top. Serve with peppers, and green beans, with garlicky mayo on the side. Enjoy!