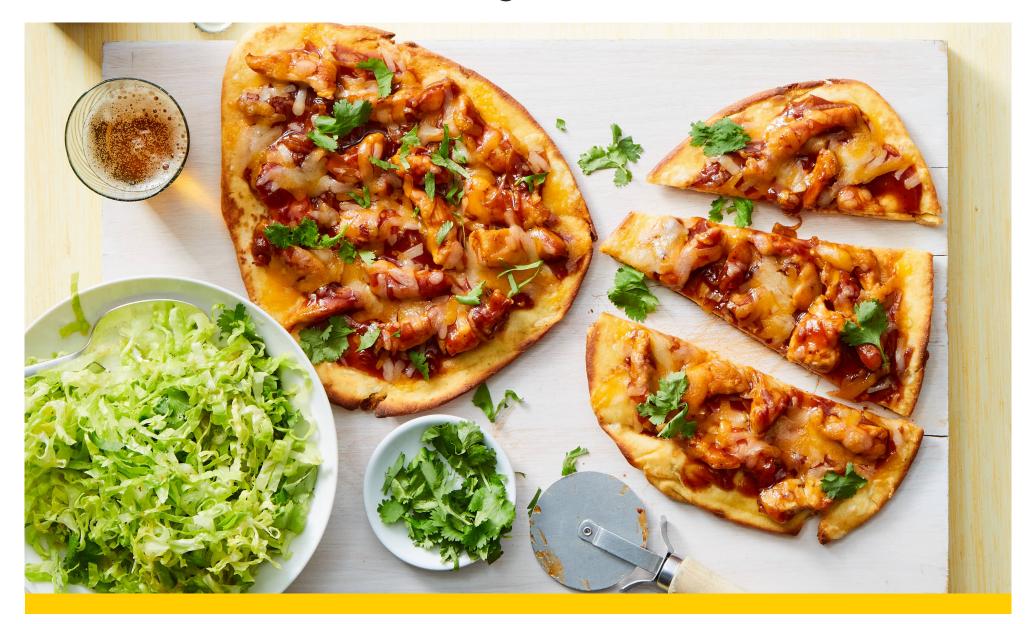
# MARLEY SPOON



## Fast! BBQ Chicken Flatbread & **Romaine Salad**

with Ready to Heat Chicken



Mediterranean pita makes great gyros, but don't limit it to just that cuisine. Here, we use it as the crust for our California-style BBQ chicken pizza. Tender strips of chicken breast are cooked in a tangy BBQ sauce and then baked on the pita with a generous topping of cheese. Served alongside a fresh, crisp salad with a honey-mustard dressing, this is sure to delight all those around your table.

#### What we send

- 2 Mediterranean pitas 1,2,3
- 1 yellow onion
- ½ lb pkg ready to heat chicken
- 4 oz barbecue sauce
- 1 romaine heart
- 1/4 oz fresh cilantro
- · 1 pkt Dijon mustard
- ½ oz honey
- 2 oz shredded cheddar-jack blend <sup>4</sup>

## What you need

- neutral oil
- red wine vinegar (or white wine vinegar)
- kosher salt & ground pepper

### **Tools**

- · rimmed baking sheet
- medium nonstick skillet

#### **Allergens**

Sesame (1), Soy (2), Wheat (3), Milk (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 830kcal, Fat 35g, Carbs 83g, Protein 45g



## 1. Toast pita & prep onion

Preheat broiler with a rack in the upper third. Lightly oil **pitas**, then transfer to a rimmed baking sheet, oiled side up. Broil on upper oven rack until toasted, 2-4 minutes (watch closely as broilers vary). Flip pita and set aside until step 4.

Meanwhile, halve and thinly **slice all of the onion**. Reserve ¼ cup of the onions for step 3. Cut or tear **chicken** into bitesize pieces.



## 2. Cook chicken & onions

Heat 1 tablespoon oil in medium nonstick skillet over medium-high. Add remaining sliced onions; cook, stirring, until softened, about 5 minutes. Add chicken and barbecue sauce and 2 tablespoons water; bring to a simmer, stirring to coat chicken and onions, about 1 minute.



## 3. Prep ingredients

Meanwhile, thinly slice **lettuce** crosswise; discard stem end. Coarsely chop **cilantro leaves and stems**.

In a medium bowl, stir to combine **Dijon** mustard, honey, **2** tablespoons oil, and **2** teaspoons vinegar. Season dressing to taste with salt and pepper. Stir in reserved ¼ cup onions.



## 4. Assemble & broil

Divide **BBQ** chicken and onions between **pita**, spreading to cover most of the surface. Top with **cheese**. Brush edges of pita with **oil**.

Broil on upper oven rack until cheese is melted and pita is golden, 3-5 minutes (watch closely).



5. Finish

Add lettuce and all but 1 tablespoon cilantro to bowl with dressing and toss to coat.

Serve **flatbread** sprinkled with **remaining cilantro** alongside **salad**.



6. Serve

Enjoy!