MARLEY SPOON



Korean Rice Cake & Beef Stir Fry

with Gochujang Glaze

🔿 ca. 20min 🤌 2 Servings

Soft and chewy Korean rice cakes mix with an array of fresh vegetables and beef strips in this quick vegan stir fry. We brown the texturally irresistible rice cakes before tossing them with baby bok choy, snap peas, bell peppers, and scallions. An addictive umami-rich sauce of gochujang and miso paste gets soaked up by the rice cakes and gives the dish a touch of heat.

What we send

- 2 scallions
- 1/2 lb baby bok choy
- 1 bell pepper
- 4 oz snap peas
- 7 oz rice cakes
- 10 oz pkg beef strips
- 2 (1 oz) gochujang ⁶
- 0.63 oz miso paste ⁶
- ¼ oz pkt toasted sesame seeds ¹¹

What you need

- 2 tablespoons neutral oil
- kosher salt & ground pepper
- ¼ teaspoon sugar
- ¼ teaspoon apple cider vinegar

Tools

• medium nonstick skillet

Allergens

Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 720kcal, Fat 22g, Carbs 74g, Protein 32g



1. Prep ingredients

Thinly slice **scallions**, keeping light greens and whites separate from dark greens. Trim ends from **bok choy**, then quarter lengthwise and rinse well under cold water to remove any grit; cut into 1½-inch segments. Thinly slice **pepper** into strips. Trim **snap peas**.

Carefully peel apart **rice cakes**. Pat **beef** dry and season with **salt** and **pepper**.



4. Steam boy choy

Add **bok choy** and **snap peas** to skillet; stir to combine. Add **¼ cup water**, cover skillet, reduce heat to medium, and cook until **rice cakes** are cooked through and chewy-tender, and bok choy is bright green and tender-crisp, 2–3 minutes. If not cooked through and water has evaporated, add 2 tablespoons water, cover, and cook for another minute.



2. Cook beef & peppers

Heat **1 tablespoon oil** in a medium nonstick skillet over medium-high. Add **beef**, **peppers** and **a pinch each of salt and pepper**. Cook, stirring occasionally, until beef is tender and peppers begin to brown, 4-6 minutes. Transfer to a bowl.

Meanwhile, stir to combine **gochujang**, **miso**, **2 tablespoons water**, and **1**/4 **teaspoon each of sugar and vinegar**. Set aside until step 5.



3. Brown rice cakes

Heat **1 tablespoon oil** in same skillet over medium-high. Add **rice cakes**; cook, stirring occasionally, until lightly browned in spots, 2-3 minutes. Stir in **scallion whites and light greens** and cook until fragrant, about 1 minute.



5. Build sauce

Remove cover and add **sauce mixture**, **beef**, and**peppers** to skillet (it's okay if there is a little water remaining in skillet). Cook, stirring frequently, until **sauce** has reduced and glazes everything, 1-2 minutes. If **rice cakes** stick together. gently pull them apart. Remove from heat. Taste, and season with additional **salt**, if necessary.



6. Finish & serve

Divide **stir-fry** between bowls and garnish with **sesame seeds** and **dark scallion greens**. Enjoy!