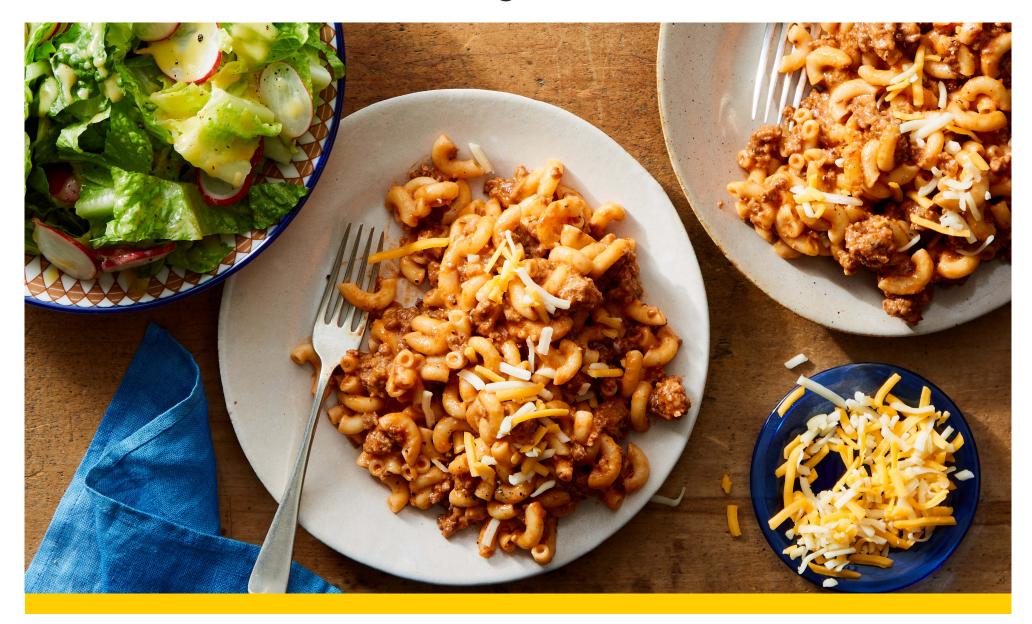
# MARLEY SPOON



# **American Chop Suey**

with Green Salad





This classic American comfort food is all grown up. We brown grass-fed ground beef and turn it into a creamy, cheesy tomato sauce before mixing in tender elbow macaroni. More shredded cheese melts onto the piping-hot pasta while a crisp green side salad with radishes is the perfect foil to this fast, crowdpleasing dinner that defies borders.

#### What we send

- 4 oz elbow macaroni <sup>1</sup>
- 10 oz pkg grass-fed ground beef
- 1 radish
- 1 romaine heart
- 2 (1/4 oz) Dijon mustard
- 8 oz tomato sauce
- 1 pkt beef broth concentrate
- 1/4 oz steak seasoning
- 1 oz cream cheese <sup>7</sup>
- 2 oz shredded cheddar-jack blend <sup>7</sup>

### What you need

- · kosher salt & ground pepper
- olive oil
- red wine vinegar (or apple cider vinegar) <sup>17</sup>
- sugar

#### **Tools**

- large pot
- · medium skillet

#### **Allergens**

Wheat (1), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 1000kcal, Fat 59g, Carbs 62g, Protein 47g



## 1. Cook pasta

Bring a large pot of salted water to a boil. Add **macaroni** and cook until al dente, 8-10 minutes. Reserve **% cup cooking water** and drain pasta. Return pasta to pot and cover to keep warm.



2. Cook beef

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **beef** and season with **a pinch each of salt and pepper**. Cook until well browned, 5-7 minutes.



3. Prep salad

Meanwhile, thinly slice **radishes**. Cut **romaine** into 1-inch pieces.

In a large bowl, whisk to combine **Dijon** mustard, **3 tablespoons oil**, and **1 tablespoon vinegar**. Season to taste with salt and pepper.



4. Make sauce

To skillet, add tomato sauce, broth concentrate, steak spice, ½ cup reserved pasta water, and ¼ teaspoon sugar. Bring to a simmer and reduce heat to medium-low. Add cream cheese and half of the shredded cheese; stir until melted. Season to taste with salt and pepper. Stir in pasta and thin out sauce with reserved pasta water, 1 tablespoon at a time, as needed.



5. Finish

Add **lettuce** and **radishes** to **bowl with dressing** and toss to combine.

Spoon **pasta** into bowls and top with **remaining cheese**. Serve alongside **salad**.



6. Serve

Enjoy!