

# DINNERLY



## Creamy Cheese Ravioli Primavera with Chicken

Broccoli, Carrots & Peas



20-30min



2 Servings

Eating your veggies has never been so easy. Broccoli, carrots, and peas come together effortlessly in this one-pot primavera. A nutty Parmesan cheese sauce coats pillows of tender ravioli for a little bit of decadence without the high-calorie price tag. Then we add chicken for a protein boost. We've got you covered!

## WHAT WE SEND

- 9 oz cheese ravioli <sup>1,3,7</sup>
- ½ lb broccoli
- 1 carrot
- ½ lb pkg chicken breast strips
- 2½ oz peas
- ¾ oz Parmesan <sup>7</sup>

## WHAT YOU NEED

- kosher salt & ground pepper
- olive oil
- ¾ cup milk <sup>7</sup>
- all-purpose flour <sup>1</sup>
- garlic

## TOOLS

- large saucepan
- microplane or grater
- medium skillet

## ALLERGENS

Wheat (1), Egg (3), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 690kcal, Fat 32g, Carbs 56g, Protein 49g



### 1. Cook ravioli

Bring a large saucepan of **salted water** to a boil over high heat. Add **ravioli** (if stuck together, gently pull apart only if possible without tearing). Reduce heat; simmer gently, stirring occasionally, until al dente, 3–4 minutes. Reserve ½ **cup pasta water**, then drain. Return pasta to saucepan off heat. Toss with 1 **teaspoon oil** to prevent sticking; cover to keep warm until step 4.



### 2. Prep ingredients

Finely chop 1 **teaspoon garlic**.

Cut **broccoli** into 1-inch florets, if necessary.

Scrub **carrot**, then thinly slice into ¼-inch rounds.



### 3. CHICKEN VARIATION

Pat **chicken** dry, then season all over with **salt** and **pepper**. Heat 1 **tablespoon oil** in a medium skillet over medium-high. Add chicken in a single layer and cook, undisturbed, until browned on the bottom, about 3 minutes. Stir and cook until cooked through, about 2 minutes more. Transfer chicken to a plate. Wipe out skillet.



### 4. Cook veggies

Heat 1 **tablespoon oil** in same skillet over medium-high. Add **broccoli** and **carrots**; cover and cook, stirring occasionally, until tender and lightly browned in spots, about 3 minutes. Stir in **chopped garlic**; cook until fragrant, about 30 seconds. Season to taste with **salt** and **pepper**. Transfer veggies and garlic to saucepan with **ravioli**. Rinse and dry skillet.



### 5. Prep & cook cheese sauce

In a liquid measuring cup, whisk to combine **reserved pasta water**, **half of the Parmesan**, ¾ **cup milk**, and 1 **tablespoon flour**.

Add to same skillet over medium heat. Cook, whisking, until **sauce** is smooth and just thick enough to coat back of a spoon, about 3 minutes. Remove from heat and season to taste with **salt** and **pepper**.



### 6. Finish & serve

Add **chicken**, **peas**, and **cheese sauce** to saucepan with **ravioli** and **veggies**. Stir until ravioli and veggies are warmed through and well coated in sauce, about 1 minute.

Serve **ravioli primavera** with **remaining Parmesan** on the side for sprinkling over top, as desired. Enjoy!