

# DINNERLY



## Fontina-Stuffed Burger & Brussels Sprouts

with Parmesan



30-40min



2 Servings

Much like this burger, we like to be stuffed full of melted cheese and zesty Italian seasoning, seated next to a pile of Parm-coated Brussels sprouts. Basically, if we took one of those BuzzFeed personality tests that tells you the dish that best represents your soul, we'd be this juicy, fontina-stuffed Italian burger. We've got you covered!

## WHAT WE SEND

- ½ lb Brussels sprouts
- 2 oz shredded fontina <sup>7</sup>
- 10 oz pkg grass-fed ground beef
- ¼ oz Italian seasoning
- 2 potato buns <sup>1,7,11</sup>
- ¾ oz Parmesan <sup>7</sup>

## WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper

## TOOLS

- rimmed baking sheet
- medium heavy skillet (preferably cast-iron)

## ALLERGENS

Wheat (1), Milk (7), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

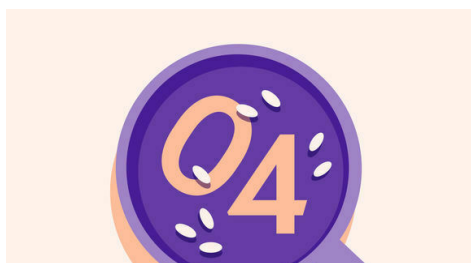
## NUTRITION PER SERVING

Calories 770kcal, Fat 45g, Carbs 36g, Protein 48g



### 1. BRUSSELS SPROUT VARIATION

Heat oven to 450°F with racks in the upper and lower thirds. Trim ends from **Brussels sprouts**; remove any tough outer leaves, if necessary. Cut in half (or quarter, if large). Toss on a rimmed baking sheet with **2 tablespoons olive oil**; season with **salt** and **pepper**. Roast on lower oven rack until tender and charred in spots, 12–18 minutes.



### 4. Finish Brussels sprouts

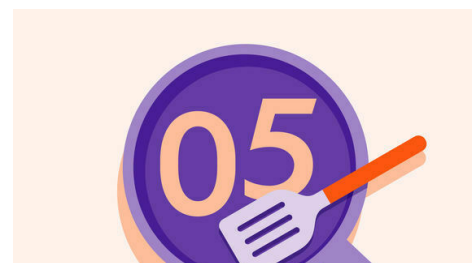
Remove **Brussels sprouts** from oven, flip, and sprinkle with **Parmesan**. Roast on upper oven rack until **Brussels sprouts and cheese** are well-browned and crisp, 6–10 minutes.



### 2. Shape burger patties

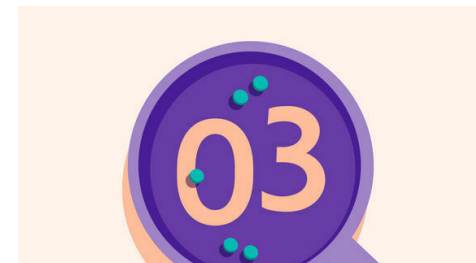
Meanwhile, in a medium bowl, gently knead to combine **ground beef** and **2 teaspoons Italian seasoning**.

Divide **beef mixture** into 2 portions, then flatten into 2 (5-inch) patties. Evenly divide **fontina** and press into the center of each. Press edges of meat over cheese to make 2 (4-inch) flat patties, covering cheese completely. Season all over with **salt** and **pepper**.



### 5. Serve

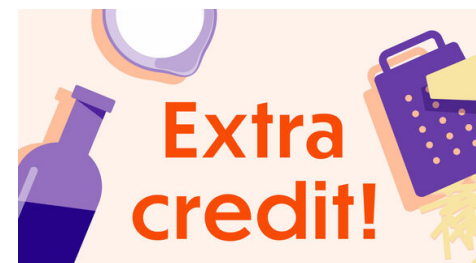
Serve **fontina-stuffed burgers** on **toasted buns** with **Parmesan Brussels sprouts** alongside. Pass **ketchup** at the table for dipping, if desired. Enjoy!



### 3. Cook burgers & toast buns

Once **Brussels** have cooked 12 minutes, heat **2 teaspoons oil** in a medium skillet over medium-high. Add **burgers** and cook until browned and medium-rare, 2–3 minutes per side (or longer for desired doneness).

Split **buns** and toast, cut sides down, directly on upper oven rack, about 2 minutes (watch closely as ovens vary).



### 6. Make it saucy!

Feeling fancy? Swap ketchup for a sun-dried tomato aioli that delivers all that *delizioso* in minutes. In a small bowl, stir together mayonnaise, finely chopped sun-dried tomatoes and garlic, fresh herbs (we like basil and parsley), and a pinch each of salt and pepper. Alternatively, mix in a blender or food processor until smooth. Transfer to a bowl and refrigerate until ready to use. Pregoi!