DINNERLY



Orange Chicken & Brown Rice

with Snow Peas



20-30min 2 Servings



Knock knock. Who's there? Orange. Orange who? Orange chicken stir-fry with snow peas & steamed rice. We promise this recipe is better than our jokes. We've got you covered!

WHAT WE SEND

- 5 oz quick-cooking brown rice
- 1 oz fresh ginger
- · 2 oz teriyaki sauce ^{2,1}
- ½ lb pkg chicken breast strips
- 1 orange
- 4 oz snow peas

WHAT YOU NEED

- kosher salt & ground pepper
- apple cider vinegar (or white wine vinegar)
- neutral oil
- all-purpose flour 1
- garlic

TOOLS

- · small saucepan
- · medium nonstick skillet

ALLERGENS

Wheat (1), Soy (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 570kcal, Fat 15g, Carbs 76g, Protein 37g



1. Cook rice

Bring a small saucepan of **salted water** to a boil over high heat. Add **rice** and boil (like pasta!), stirring occasionally, until just tender, about 22 minutes. Drain in a finemesh sieve. Return to saucepan off heat. Keep covered until ready to serve.



2. Prep ingredients & sauce

Trim stem ends from snow peas, then halve crosswise. Finely chop 2 teaspoons each of ginger and garlic. Using a peeler, peel 4 (1-inch) orange zest strips. Squeeze 3 tablespoons orange juice into a medium bowl. Stir in teriyaki sauce, 2 tablespoons water, and 2 teaspoons vinegar.



3. Stir-fry snow peas

Heat 1 teaspoon oil in a medium nonstick skillet over high. Add snow peas and a pinch of salt; cook, stirring, until crisp tender, 1–2 minutes. Transfer to a plate and reserve skillet.



4. Season & brown chicken

Heat 1 tablespoon oil in same skillet over medium-high. Add chicken, chopped ginger and garlic, orange zest strips, and a pinch each of salt and pepper; cook, stirring occasionally, until chicken is browned and almost cooked through, 2-3 minutes. Stir 1 teaspoon flour into skillet; cook, stirring to coat chicken, about 1 minute.



5. Finish & serve

Stir sauce to recombine, then add to skillet with chicken. Cook, scraping up any browned bits from the bottom, until sauce is slightly reduced and chicken is cooked through, 1–2 minutes. Stir in snow peas. Season to taste with salt and pepper. Fluff rice with a fork. Serve orange chicken stirfry over rice (remove orange peels, if desired). Enjoy!



6. Crunch, crunch!

Top with sesame seeds or chopped toasted cashews. Or, if you have them handy, throw in some drained sliced water chestnuts for some added cruch.