

MARLEY SPOON



Coffee Rubbed Beef Tenderloin & Chimichurri

with Zucchini Corn Agrodolce



20-30min



2 Servings

We're breaking out the big flavors for tonight's dinner! Ground espresso makes for a mind-blowing steak rub, adding a subtle sweet acidity and earthy flavor. This buzzed-up steak pairs perfectly with an herby chimichurri sauce. Even the sweet corn and zucchini side gets a boost on this plate thanks to a vinegar and brown sugar glaze known as an agrodolce—a tangy-sweet Italian-style sauce.

What we send

- ¼ oz espresso powder
- ¼ oz chili powder
- 2 oz dark brown sugar
- ½ oz tamari soy sauce ⁶
- 10 oz pkg beef tenderloin
- 2 zucchini
- 2½ oz corn
- 2 oz chimichurri sauce

What you need

- olive oil
- kosher salt & ground pepper
- white wine vinegar (or red wine vinegar) ¹⁷

Tools

- rimmed baking sheet
- medium heavy skillet (preferably cast-iron)

Allergens

Soy (6), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 690kcal, Fat 49g, Carbs 28g, Protein 34g



1. Rub steaks

In a medium bowl, stir to combine **2 teaspoons each of espresso powder and oil** and **1 teaspoon each of chili powder, brown sugar, tamari, black pepper, and salt**.

Pat **beef tenderloin** dry, then add to bowl; turn steaks and rub with seasoning until well coated. Set steaks aside at room temperature until step 5.



4. Season chimichurri

Add **chimichurri** to a small bowl and season to taste with **salt** and **pepper**.



2. Prep & broil zucchini

Preheat broiler with a rack in the upper third.

Trim ends from **zucchini**, then halve lengthwise and cut crosswise into 1½-inch thick half-moons.

On a rimmed baking sheet, toss zucchini with **1 tablespoon oil** and season with **salt** and **pepper**. Broil zucchini on upper oven rack until browned in spots, about 5 minutes (watch closely as broilers vary).



3. Broil zucchini & corn

Add **corn** and a **pinch of salt** to baking sheet with **zucchini**; carefully toss to combine.

Broil on upper rack until zucchini and corn are speckled with browned spots, about 4 minutes. Remove from oven and carefully toss with **2 tablespoons vinegar** and **1 tablespoon brown sugar**. Return to oven and broil until liquid is syrupy and reduced by half, 2-3 minutes (watch closely).



5. Cook beef tenderloin

Heat **1 tablespoon oil** in a heavy medium skillet (preferably cast-iron) over medium-high. Add **beef tenderloin** and cook until lightly charred and medium-rare, 2-3 minutes per side.



6. Finish & serve

Thinly slice **beef tenderloin**, if desired.

Serve **beef tenderloin** with **chimichurri** spooned on top, and **zucchini corn agrodolce** alongside. Enjoy!