MARLEY SPOON



Beef Bánh Mì Rice Bowl

with Creamy Chili Garlic Sauce





This rice bowl channels the flavor of everyone's favorite Vietnamese sandwich, the incomparable bánh mì! Transforming this 'wich into a bowl is a fun way to turn the components into a dinner-worthy meal. We use fluffy jasmine rice as the base and top it with grass-fed ground beef, fresh mint, pickled carrots, and cucumbers for a delightfully tangy crunch, and a homemade spicy mayo for that signature heat.

What we send

- 5 oz jasmine rice
- 1 cucumber
- 1 carrot
- 1 lime
- 2 oz mayonnaise ^{1,2}
- 10 oz pkg grass-fed ground beef
- 1 oz salted peanuts ³
- 1/4 oz fresh mint
- 2 oz hoisin sauce 4,2,5
- ½ oz chili garlic sauce

What you need

- · kosher salt & ground pepper
- white wine vinegar (or apple cider vinegar)
- sugar
- neutral oil

Tools

- small saucepan
- medium nonstick skillet

Allergens

Egg (1), Soy (2), Peanuts (3), Sesame (4), Wheat (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 1040kcal, Fat 51g, Carbs 94g, Protein 37g



1. Cook rice

In a small saucepan, combine **rice**, **1**½ **cups water**, and **¾ teaspoon salt**, bring to a boil. Cover and cook over low heat until rice is tender and water is absorbed, about 17 minutes. Keep covered until ready to serve.



2. Prep ingredients

Peel **cucumber**, scoop out and discard seeds, then finely chop. Cut **carrots** into thin matchsticks. Cut **lime** into wedges.



3. Pickle vegetables

In a medium bowl, whisk to combine **3** tablespoons vinegar, **1** tablespoon sugar, and ½ teaspoon salt Add cucumbers and carrots; toss to combine. Set aside to marinate until ready to serve.



4. Make chili garlic mayo

In a small bowl, whisk to combine mayonnaise and all of the chili garlic sauce (or less depending on heat preference).



5. Stir-fry beef

Heat **1 tablespoon oil** in a medium nonstick skillet over high. Add **beef**; cook, breaking up meat into smaller pieces, until well browned on the bottom, about 3 minutes. Season with **salt** and **pepper**. Stir in **hoisin sauce** and **½ cup water**. Simmer until beef is cooked through and sauce is slightly thickened, 2–3 minutes. Season to taste with **salt** and **pepper**.



6. Assemble & serve

Fluff rice with a fork. Roughly chop peanuts. Pick mint leaves from stems; discard stems. Transfer rice to bowls and top with pickled vegetables and beef and sauce. Top with chopped peanuts, mint leaves, and a drizzle of creamy chili sauce. Serve with lime wedges on the side for squeezing over top. Enjoy!