



## Chili-Rubbed Steak & Cauliflower Rice

with Marinated Squash



20-30min



2 Servings

We gave a burrito bowl a serious makeover! A tasty rub of our own taco seasoning, sugar, salt, and pepper gives tender steak a big time flavor bump. Seared squash and thinly sliced jalapeño soak up a zesty garlic-lime dressing. Finely chopped cilantro leaves and stems folded into cauliflower rice make for a flavorful and fragrant side.



## What we send

- 12 oz cauliflower rice
- ¼ oz fresh cilantro
- 2 yellow squash
- 1 jalapeño chile
- garlic
- 2 limes
- ¼ oz taco seasoning
- 10 oz pkg sirloin steaks

## What you need

- kosher salt & ground pepper
- olive oil
- sugar

## Tools

- microwave
- large skillet

## Allergens

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

Calories 490kcal, Fat 34g, Carbs 22g, Protein 28g



## THIS IS A CUSTOMIZED RECIPE STEP

We've tailored the instructions below to match your recipe choices. Happy cooking!

### 1. Cook rice

Add **cauliflower rice** to a medium bowl. Cover and microwave until just tender, stirring halfway through, 5-7 minutes. Season to taste with **salt** and **pepper**.

Meanwhile, finely chop **cilantro leaves and stems**. Fluff cooked rice with fork and stir in cilantro. Keep covered until ready to serve.



### 4. Dress squash & jalapeño

Transfer **squash mixture** to bowl with **garlic-lime dressing**, tossing gently to coat.

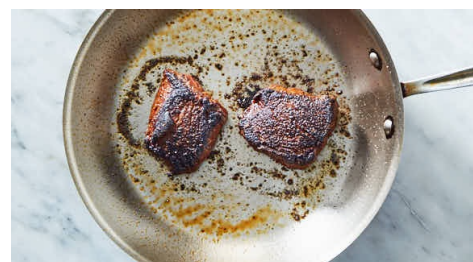
Wipe out skillet.



### 2. Prep ingredients

Trim ends from **squash**, halve lengthwise, and slice into ¼-inch half-moons. Remove stem and seeds from **jalapeño**, then halve and thinly slice crosswise (about 3 tablespoons). Finely chop **1 teaspoon garlic**.

Into a medium bowl, finely grate **¼ teaspoon lime zest** and squeeze **2 tablespoons juice**.



### 5. Cook steaks

In a small bowl, combine **taco seasoning** and **¼ teaspoon each of sugar, salt, and pepper**. Pat **steaks** dry and season all over with taco-rub, pressing gently with hands to help adhere.

Heat **1 tablespoon oil** in same skillet over medium-high. Add steaks and cook until browned and medium-rare, 3-4 minutes per side (or longer for desired doneness).



### 3. Cook veg & prep dressing

Heat **1 tablespoon oil** in a large skillet over medium-high. Add **squash** and **jalapeño** (use less depending on heat preference). Cook, stirring occasionally, until tender and starting to brown, about 6 minutes.

Meanwhile, to bowl with **lime zest and juice**, add **chopped garlic**, **2 tablespoons oil**, **¼ teaspoon salt**, and **a few grinds of pepper**.



### 6. Finish & serve

Transfer **steaks** to cutting board and rest for 5 minutes. Thinly slice, then transfer to plates along with **cilantro cauliflower rice**. Using a slotted spoon, transfer **squash** to plates.

Serve **steak** with **some of the garlic-lime dressing** spooned over top, along with **any steak resting juices**. Pass **any remaining dressing** at the table. Enjoy!