

DINNERLY



Chicken & Gravy with Buttery Veggies & Rice



ca. 20min



2 Servings

This American retro classic will always be welcome on our tables, especially with this quick and simple preparation. Buttery carrots and peas accompany tender chicken breasts and steamy jasmine rice, but the real star of the plate is the sauce. Sour cream and mushroom seasoning create a lip-smacking gravy that we spoon over the chicken and sop up with the rice. We've got you covered!

WHAT WE SEND

- 5 oz jasmine rice
- 1 carrot
- 2½ oz peas
- 10 oz pkg boneless, skinless chicken breast
- ¼ oz mushroom seasoning
- 1 oz sour cream ⁷

WHAT YOU NEED

- kosher salt & ground pepper
- olive oil
- butter ⁷

TOOLS

- small saucepan
- medium skillet

ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

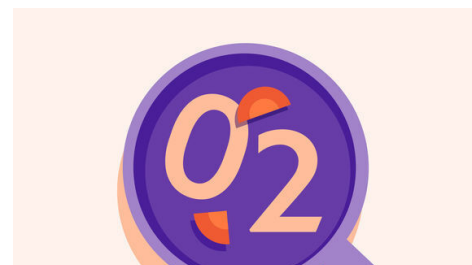
NUTRITION PER SERVING

Calories 640kcal, Fat 22g, Carbs 68g, Protein 40g



1. Cook rice

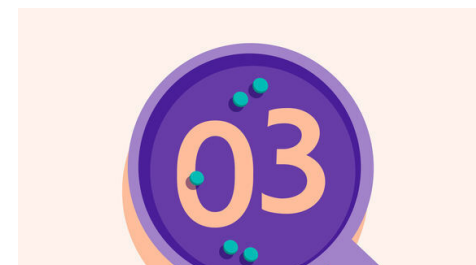
In a small saucepan, combine **rice**, **1¼ cups water**, and **½ teaspoon salt**. Bring to a boil. Cover and cook over low heat until rice is tender and liquid is absorbed, about 17 minutes. Keep covered until ready to serve.



2. Cook carrots

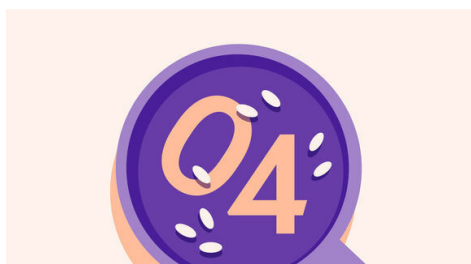
Quarter **carrot** lengthwise and cut into ½-inch pieces.

Heat **2 teaspoons oil** in a medium skillet over medium-high. Add carrots and season with **salt** and **pepper**. Cook, stirring occasionally, until just starting to brown. Reduce heat to medium-low and add **3 tablespoons water**. Cover skillet and steam carrots until just tender, 2–4 minutes.



3. Cook peas

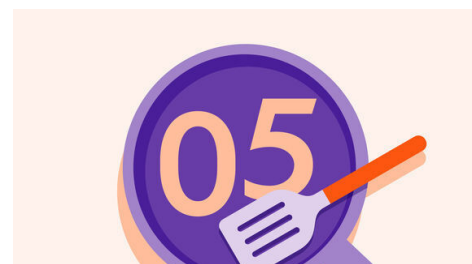
Add **peas** and **1 tablespoon butter**. Cook, stirring, until butter is melted and peas are warmed through, about 2 minutes. Season to taste with **salt** and **pepper**. Transfer veggies to a bowl and cover to keep warm.



4. Cook chicken

Pat **chicken** dry and season with **salt** and **pepper**.

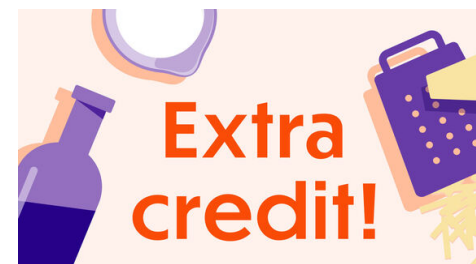
Heat **1 tablespoon oil** in same skillet over medium-high. Add chicken and cook until browned and cooked through, 3–5 minutes per side. Transfer to a plate.



5. Make sauce & serve

Reduce heat to medium. Add **½ cup water**; bring to a simmer, scraping up any browned bits from the bottom. Add **sour cream** and **mushroom seasoning**. Cook, stirring, until melted. Season to taste with **salt** and **pepper**. Fluff **rice**; stir in **1 tablespoon butter**, if desired.

Serve **chicken** with **mushroom sauce** over top alongside **rice** and **veggies**. Enjoy!



6. Check us out!

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